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LOTTO 649

HIV RAVAGING YOUNG MEN AGAIN
VIRUS THREATENS GAY COMMUNITY {page 25}

NO. 1
KADRI AT CENTRE OF NEW APPROACH
SPORTS {page 33}

TORONTO metro®
Tuesday, November 30, 2010
www.metronews.ca
News worth sharing.

CSIS tied 'in knots'?

Leaked cable reveals ex-director's frustration with legal system ◗ WikiLeaks plans to release more than 2,000 documents referencing Canada this week

The former head of the Canadian Security Intelligence Service confided the spy agency was "vigorously harassing" known Hezbollah members in Canada, reveals a newly disclosed diplomatic note.

Jim Judd, then CSIS director, also lamented that a soon-to-be released video of young Omar Khadr's interrogation at Guantanamo Bay, Cuba, would trigger "knee-jerk anti-Americanism" and "paroxysms of moral outrage, a Canadian specialty," says the July 2008 cable from the U.S. Embassy in Ottawa.

The cable disclosed yesterday recounts a July 2, 2008, meeting between Judd and State Department official Eliot Cohen.

"Director Judd ascribed an 'Alice in Wonderland' worldview to Canadians and their courts, whose judges have tied CSIS 'in knots,' making it ever more difficult to detect and prevent terror attacks in Canada and abroad," the cable says.

According to the document, Judd "derided" recent Canadian court rulings that threatened to undermine foreign government intelligence- and information-sharing with Canada.

WIKI LEAKS

Still friends

- Comments about Canada found in sensitive U.S. diplomatic documents exposed by WikiLeaks will not affect relations between the two countries, says Foreign Affairs Minister Lawrence Cannon.
- Canada and the United States have always had "great" relations and any diplomatic cables that surface this week won't change that, Cannon said.

THE CANADIAN PRESS

ISRAELI PM REACTS, PAGE 10

Political storm's a-brewin'

Province, city square off over welfare cost-sharing {page 3}

Ex-colonel soon to be ex-military

Williams one step closer to full ouster from Forces {page 13}

Mega. Pair

▶ Brad Pitt and Angelina Jolie arrive to attend the Megamind premiere in Paris yesterday.

PASCAL LE SEGRETAIN/GETTY IMAGES

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Eligible vehicles: 2010/2011 MY new or demonstrator Chevrolet/Buick/GMC/Cadillac. Dealer order (2011 MY only) or trade may be required. Limited quantities of certain 2010 models. Applies only to qualified retail customers in Canada. Payments amortized over a term of up to 84 months. At months 35-37, 47-49 or 59-61 customer may: (i) exercise option to return vehicle for sale to Ally Credit if applicable conditions met, including payment of $ 9 disposal fee and any excess wear & tear charges; (ii) continue at initial payment amount for remainder of amortization term; or (iii) trade-in vehicle to dealer. Example: $16,995 $19,995/$24,995/$29,995 at 0.24%/6.24%/6.24%/6.24% APR with 48 month option and payments amortized over 77/84/84/84 months, the monthly payment is $236.41/$294.40/$308.02/$344.64. Cost of borrowing is $3,267.57/$4,734.60/$5,918.68/$7,182.76, total obligation is $20,067.57/$24,729.60/$30,913.68/$37,297.76. Down payment and/or trade may be required. Monthly payment and cost of borrowing will vary depending on amount borrowed and down payment/trade. Excess wear and kilometer fees, disposal fee, duties and taxes not included. ♦♦Freight & PDI $1,640/$1,640/$1,640/$1,640, registration, air and tire levies and OMVIC fees are included. Insurance, licence, PPSA, dealer fees and applicable taxes not included. Dealer may sell for less. ▼Offered by GMCL until 01/17/11 on eligible purchase financing of a 2010/2011 Buick/Cadillac/Chevrolet/GMC vehicle. OAC by TD Financing Services (fixed rate special only) or Ally Credit. Interest applies for entire financing term and accrues on unpaid amounts during deferral period. Financing term includes 2 month extension when financing through TDFS. Offer not available to Quebec residents and may not be combined with certain other consumer incentives. GMCL, Ally Credit or TD Financing Services may modify, extend or terminate this offer in whole or in part at any time without notice. Conditions and limitations apply. See dealer for details. ♣Customers eligible for a GM Owner Loyalty Bonus will receive either a $1,500 or $1,000 manufacturer to consumer incentive (tax inclusive). Example: $10,000 purchase price, after tax price is $11,200/$10,000 plus $1,200 applicable taxes). After applying $1,500/$1,000 credit, after tax price is $9,700/$10,200/$11,327.50/$9,885 reduced purchase price plus $172.50/$115 applicable taxes, with the $1,500/$1,000 credit being the $1,327.50/$985 reduction from the purchase price and the $172.50/$115 reduction in taxes which would have otherwise been payable on the full purchase price. $1,500 credit available to current owners of a Pontiac/Saturn/Saab/HUMMER/Oldsmobile/Isuzu/Acura/Passport vehicle. $1,000 credit available to current owners of a Chevrolet/GMC/Buick/Cadillac vehicle. Customer's GM vehicle must be registered and insured (in Canada) in their name for the previous consecutive six months. GM Owner Loyalty Bonus may be applied towards the purchase/finance/lease of an eligible new 2009/2010/2011 Model Year Chevrolet/GMC/Buick/Cadillac vehicle, delivered between July 1, 2010 – December 30, 2010. Ineligible vehicles: Chevrolet Aveo, Cobalt, Cruze, all Pontiac, Saturn, Saab, and HUMMER vehicles, and medium duty trucks. Offer is transferable to a family member living within the same household (proof of address required). As part of the transaction, dealer may request documentation and contact GM to verify eligibility. This offer may not be redeemed for cash and may not be combined with certain other consumer incentives, including the Test to Cruze program. See your GM dealer for details. GM reserves the right to amend or terminate offers for any reason in whole or in part at any time without prior notice. ▼▼To qualify for GMCL's Cash For Clunkers incentive, you must: (1) receive Government confirmation of vehicle eligibility under the Retire Your Ride (“RYR”) Program, supported by The Government of Canada, and turn in a 1995 or older MY vehicle that is in running condition and has been registered and properly insured in your name for the last 6 months (12 months in B.C.); (2) turn in a 1996 or older MY vehicle that is in running condition and has been registered and properly insured in your name for the last 6 months (12 months in B.C.); (3) turn in a 1996 through 2003 MY vehicle that is in running condition and has been registered and properly insured in your name for the last 6 months. 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Liberals lose another one

The deputy speaker of the Ontario legislature is the latest Liberal member to announce he will not run in next fall's provincial election.

Bruce Crozier, the member for Essex in southwestern Ontario, says he and his wife Joan will celebrate their 50th wedding anniversary next year and they want to spend more time together.

Crozier, 72, was first elected to the legislature in a 1993 byelection.

Before that, he served as mayor of Leamington, Ont.

Speaker Steve Peters, government house leader Monique Smith and members Pat Hoy and Jim Brownwell are other Liberals who have announced they will not seek re-election next year.

THE CANADIAN PRESS

Vaughan. Byelection

▶ Julian Fantino scrums with the media before meeting friends for lunch at a restaurant in Vaughan yesterday.

CHRIS YOUNG/THE CANADIAN PRESS

Fantino wins Vaughan federal byelection

Conservative star candidate Julian Fantino defeated Liberal Tony Genco last night in a key federal byelection in Vaughan. Fantino had 49 per cent of the vote, compared to 46.7 for Genco with 273 of 284 polls reporting at press time.

City, province in spat over welfare costs

◗ Mayor-elect Ford takes office tomorrow ◗ Stays tight-lipped over dispute with provincial Liberals

There's a political storm brewing between the province and the city of Toronto, which is about to enter the penny-pinching era of new mayor Rob Ford.

Critics are calling the provincial Liberals deadbeats for failing to come up with the cash they promised to pay the city to help cover the cost of administering welfare for 2010.

Finance Minister Dwight Duncan fired back yesterday, saying Toronto is entitled to much less than the $53.7 million that some city officials claim is owed. The province "agreed in principle" to share in the costs of administering Ontario Works, but the amount was never set in stone, he said.

He said the province is prepared to work with the city to "come to terms with what the appropriate amount is."

TORSTAR NEWS SERVICE FILE

▶ Rob Ford

A spokesman for Duncan said the province has already allocated $400 million for the coming year to help municipalities pay for the costs of administering the welfare program. Toronto is receiving $135 million for welfare payments, said Andrew Chornenky.

THE CANADIAN PRESS

RENE JOHNSTON/TORSTAR NEWS SERVICE

▶ Finance Minister Dwight Duncan says the city is owed much less money than it claims.

1 news

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Toronto Hydro offers Smart Car incentive

Have you always wanted to try out an electric car but couldn't get your hands on one? Toronto Hydro is looking for 15 volunteers to try driving electrically for the next four years. It will even pay for the juice.

The drivers who are selected will have to ante up $545 per month in leasing fees for an all-electric, two-seat Mercedes-Benz Smart Car.

They will get a charging station installed in their garage, and access to a handful of public charging stations to be installed around the city.

Those interested can submit their applications online at smartexperience.ca.

TORSTAR NEWS SERVICE

Chief criticizes SIU report on G20

TARA WALTON/TORSTAR NEWS SERVICE

▶ Police Chief Bill Blair, seen in this June photo, says the YouTube video in question is not reliable.

Blair takes issue with finding that YouTube video backed up claim

Toronto's police chief is questioning the way the province's Special Investigations Unit handled some complaints into police actions during the summer's G20 protests.

The unit released its findings last week, after looking into complaints from six people who allege police officers injured them during the summit.

The SIU concluded there were no grounds to justify laying criminal charges against officers in any of the cases.

But Chief Bill Blair says in one case, the SIU directed people to a video posted on YouTube, saying it corroborated an allegation against police.

Blair said the video was forensically examined over the weekend and found to be "tampered with" — meaning it was edited with audio and video removed.

The chief said the incident raises questions about the quality of the SIU's investigation, since the parts that were cut out could help explain why the man was arrested and why force was used.

"For the SIU to rely on a YouTube video as corroboration of an allegation against a police officer, a video that has clearly been tampered with, a video they appear not to have examined very closely, raises serious questions about the quality of their investigation," Blair said in a release yesterday.

"They have been entrusted with a very important job. Their mandate, as an independent agency, is to examine serious allegations against police, investigate them thoroughly, professionally and objectively. That does not appear to have been done in this case."

TORONTO POLICE CHIEF BILL BLAIR

In several cases the SIU did not dispute that officers probably used excessive force. But the agency said that since individual officers could not be identified, no one could be sanctioned.

More than 1,000 people were arrested during the summit. Of that group, about 300 were charged and, five months later, some are still facing those charges. THE CANADIAN PRESS

Judge: Federal websites must be accessible to blind

The federal government is being ordered to make its websites accessible to visually-impaired users — and the judge who issued the directive yesterday says he will be watching to make sure Ottawa follows through.

Federal Court Justice Michael Kelen gave the government 15 months to update its websites after a blind Toronto woman said she was unable to apply for a public service job online.

Donna Jodhan, a special-needs business consultant with an MBA, launched a constitutional challenge aiming to grant visually impaired people equal access to the services and information on several federal government websites.

▶ Donna Jodhan

Yesterday, the court found the government "has not implemented existing accessibility standards and that some of the standards are obsolete."

The court will monitor the government's progress in making the change, Kelen said in the decision.

David Baker, Jodhan's lawyer, said it's "extremely rare" for the court to follow a case so closely after making a decision.

THE CANADIAN PRESS

Man facing DUI charges

A Toronto man faces charges after a single-vehicle collision that sent a woman and a toddler to hospital. The 35-year-old woman and a two-year-old girl suffered life-threatening injuries when they were thrown from the car Sunday morning.

Jeffrey Igbiyiomo, 26, is charged with criminal negligence causing bodily harm, impaired driving causing bodily harm, and having a blood-alcohol level over .08 causing bodily harm.

THE ASSOCIATED PRESS

ALL NEW EPISODE
RICK MERCER REPORT
This week it's Helicopters, Barges and Boats as Rick spends the day Heli-logging in Seymour Inlet, B.C.
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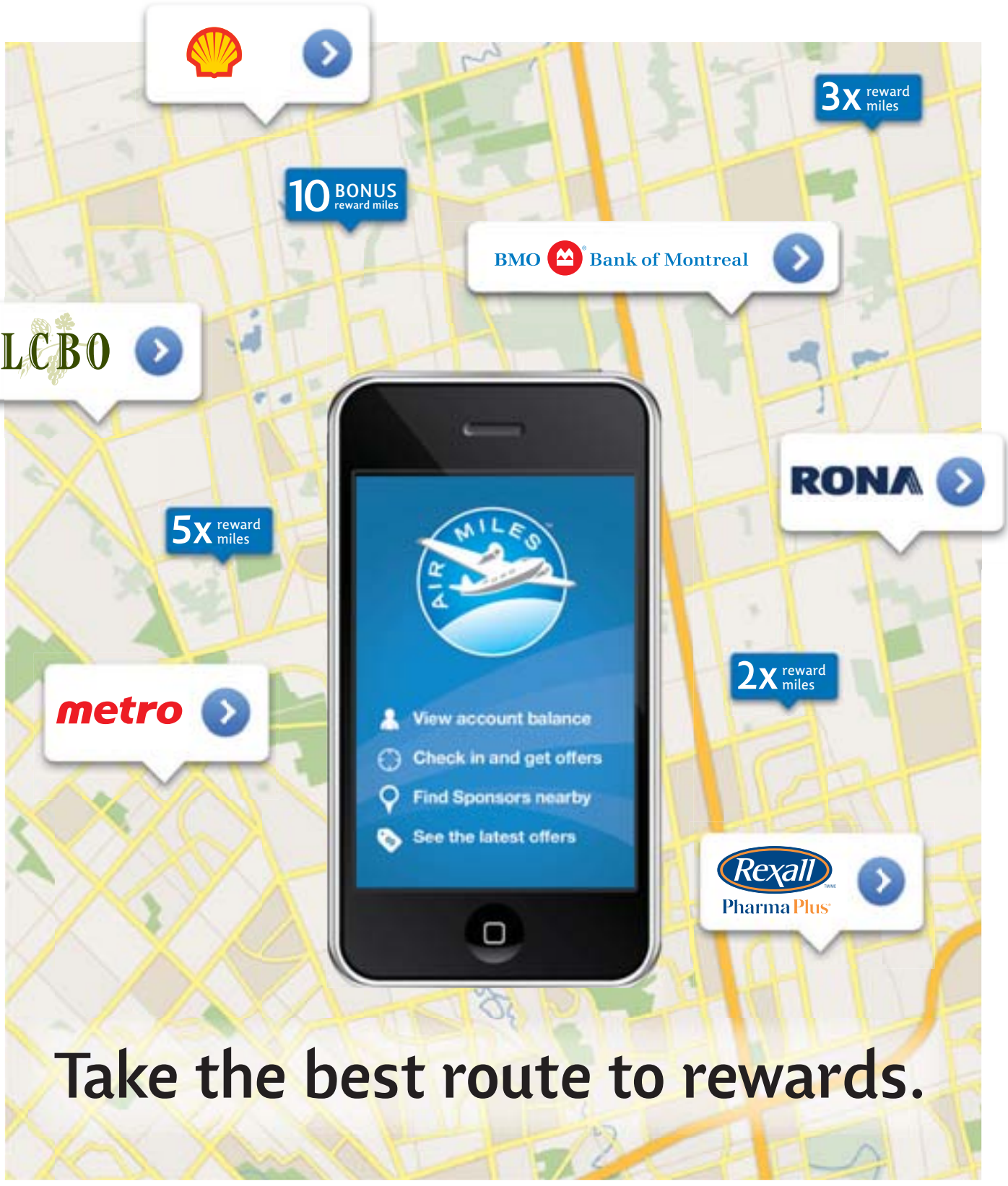

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Prescription drug abusers to feel the pain

Prescriptions for painkillers shoot up 900 per cent since 1991 Other provinces also tackling problem

YOUTUBE GRAB/TORSTAR NEWS SERVICE

▶ Deb Matthews

Ontario has passed legislation aimed at curbing the abuse of the highly addictive painkiller OxyContin and other prescription drugs. The province plans to launch a new tracking system to monitor prescription narcotics and other controlled substances.

They include painkillers such as oxycodone, morphine and codeine, as well as stimulants and sedatives like Ritalin, Valium and phenobarbital.

The province already has a database to track drugs prescribed under the public program that funds medications for seniors, welfare recipients and the disabled.

The legislation allows the government to expand the system to cover all drugs dispensed under both public and private drug plans.

Accidental deaths due to opioid use in Ontario have soared over the past couple of decades and, according to one study, claim more lives each year than HIV.

The expanded system would send out an alert if someone tried to get the drugs from several doctors or tried to fill prescriptions at several pharmacies, said Health Minister Deb Matthews.

It will also identify doctors and pharmacists who are prescribing or dispensing large amounts of drugs, which could lead to police stepping in.

Nova Scotia and New Brunswick have also proposed legislation to monitor narcotics.

THE CANADIAN PRESS

Hwy. 407. Crash

▶ Police investigate the scene of a crash involving a Hwy. 407 service pickup truck and an OPP SUV on the westbound 407 off-ramp to Dixie Road yesterday.

JIM WILKES/TORSTAR NEWS SERVICE

Officer, driver hurt in 407 collision

An Ontario Provincial Police officer is in serious condition and the driver of a Hwy. 407 service pickup truck is in critical condition after a collision yesterday morning on Hwy. 407. The pickup rammed the back of the OPP SUV, which was parked on the side of the road, according to Sgt. Dave Woodford.

Saputo probes Listeria source

Canadian cheese giant Saputo is continuing to investigate the cause of a Listeria bacteria contamination that prompted the company to voluntarily recall several lots of cheese from a Quebec plant.

Canada's largest cheese processor said production has been redirected to another facility while it cleans up the problem.

The firm said Friday that it has recalled Faith Farms Ribbon Slices sold in two kilogram packs.

THE CANADIAN PRESS

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680 Rexdale Blvd, Unit 4
2032 Weston Rd

Woodbridge
5308 Hwy 7, Unit 5

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2111 Jane St, Unit 6
1343 Lawrence Ave W
1030 Sheppard Ave W, Unit 3
6026 Yonge St
6464 Yonge St, Unit 187
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Scarborough
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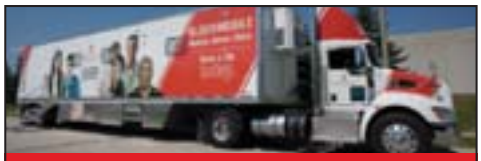
3092 Danforth Ave, Unit 3
2375 Eglinton Ave E
1885 Kennedy Rd
4320 Kingston Rd
4002 Sheppard Ave East, Unit 105A

HOME INVASION KILLING

Suspect appears in court

Jennifer Pan almost tripped over her shackles as she appeared briefly in court yesterday, charged with murdering her mother and attempting to kill her father in a staged home invasion.

It was her first court appearance since York Regional Police announced last week they had arrested Pan, 24, on charges of first-degree murder, attempted murder and conspiracy to commit murder for the Nov. 8 attack on her parents in the Markham family home where she lived. TORSTAR NEWS SERVICE



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Toddler undergoes second operation

DAVID COOPER/TORSTAR NEWS SERVICE

▶ The scene at Bay and Harbour Streets Sunday after a car, crossing the intersection, plowed into a stroller.

Baby girl seriously injured when stroller hit by car in weekend crash

A 17-month-old girl has undergone a second operation to relieve pressure on her brain after a car plowed into her stroller early on Sunday afternoon.

The child received a life-threatening head injury when two cars collided at Harbour and Bay Streets shortly after noon on Sunday.

Police said a Toyota Corolla left the Gardiner Expressway at the Bay exit and was attempting to turn north when it collided with an eastbound Toyota Echo.

The Corolla mounted the northeast curb, where it struck the toddler in the stroller before coming to rest against a light pole.

Andrew Davies, 39, was walking his dog along Bay Street and saw the crash.

Davies said the child's mother was standing on the sidewalk at the northeast corner of the intersection when her child was hit.

The mother, Davies said, was "quite hysterical."

Police haven't filed any charges against either driver, but the collision is still under investigation.

The victim was taken to the Hospital for Sick Children in serious condition, according to Toronto EMS.

Police said her condition hasn't changed. TORSTAR NEWS SERVICE

"She's with us and still fighting."
TORONTO POLICE CONST. HUGH SMITH ON THE GIRL

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Lucky draw for GTA man

Markham man and another winner to split $30M lotto jackpot
Other ticket was sold in Quebec

It looks like a 59-year-old Ontario man left unable to work due to an injury will no longer have to worry about working at all.

Harold Volk of Markham is one of two winners of Saturday's $30 million Lotto 6-49 jackpot.

The married father of two says the money comes just at the right time. He depleted most of his life savings after suffering a permanent injury, leaving him unable to perform his job in the transportation industry. He says he and his wife plan to pay off their debts, then buy a house and maybe spend some time travelling.

"During the past decade, it has been one step forward and two steps back for us."
HAROLD VOLK

When Volk first checked his numbers Saturday night, he thought he had five numbers. "Then I realized that I had a match for all six and I ran upstairs to tell my wife. She said that she hasn't seen me move that fast in years," he said yesterday. THE CANADIAN PRESS

Distraction robberies investigated

Toronto police say they've charged four men in a distraction theft investigation.

Police allege an organized group committed a series of thefts between Nov. 3 and Nov. 25.

Police say members of the group would watch bank customers and puncture a tire on vehicles belonging to people who removed large quantities of cash.

A member of the group would then approach and offer to assist with fixing the car. While the victim was distracted by the tire, another member of the group would remove the victim's bags from inside the unlocked car.
THE CANADIAN PRESS

Teen fatally shot in Regent Park: Police

The homicide squad is investigating after a teen was gunned down at a Regent Park townhouse complex yesterday afternoon.

A distressed man, believed to be the 18-year-old victim's father, ran out in the intersection of Dundas and River streets just after 2 p.m. and flagged down a passing police cruiser on a routine patrol of the area.

Once out of the car, the sergeant found the teen suffering from a gunshot wound on the first floor of one of the row houses.

The victim was pronounced dead at the scene. TORSTAR NEWS SERVICE

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News in brief

Berlusconi defends rep

ROME. Italian Prime Minister Silvio Berlusconi insisted yesterday he only throws elegant, dignified soirees at his villas and not wild parties as reportedly described by a Rome-based U.S. diplomat in a cable contained in the WikiLeaks trove.

Berlusconi has been accused of entertaining escorts and underage girls at his villas — allegations that have fuelled a political crisis that has brought the government to a no-confidence vote in two weeks. **THE ASSOCIATED PRESS**

Clinton speaks about leaks

WASHINGTON. U.S. Secretary of State Hillary Rodham Clinton says the leak of hundreds of thousands of secret diplomatic documents erodes trust among nations.
THE ASSOCIATED PRESS

Williams is curious

PICTOU, N.S. Newfoundland and Labrador Premier Danny Williams says he is looking forward to finding out why his name comes up in six documents WikiLeaks plans to release later this week.

"I have no idea what that could be all about."
THE CANADIAN PRESS

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Israeli PM says leaks back him up

Benjamin Netanyahu believes documents prove the Arab world agrees Iran is a threat ◐ Calls for unified front on nuclear program

SEBASTIAN SCHEINER/THE ASSOCIATED PRESS

▶ Israeli Prime Minister Benjamin Netanyahu

Israeli Prime Minister Benjamin Netanyahu said yesterday that newly leaked U.S. diplomatic memos provide clear proof that the Arab world agrees with his country's assessment that Iran is the chief danger to the Middle East.

According to the documents released Sunday by online whistle-blower WikiLeaks, King Abdullah of Saudi Arabia repeatedly urged the United States to attack Iran to destroy its nuclear program.

The king was one of several Arab voices in the documents calling for tough action against Iran.

Arab nations just across the Persian Gulf are known to be wary of Iran's rising regional influence, military power and nuclear activity.

The leaked documents, however, reveal a much higher degree of alarm in the calls for U.S. military action.

Netanyahu has repeatedly said the threat of a nuclear-armed Iran is the greatest danger to the region. In Tel Aviv, he said the released documents proved that Israel and moderate Arab countries have far more in common than they publicly acknowledge.

"The greatest threat to world peace stems from the arming of the regime in Iran. More and more states, governments and leaders in the Middle East and in far reaches of the world understand this is a fundamental threat," Netanyahu told a news conference.

He also suggested that a unified front against Iran could reshape the region.

The documents also said officials in Jordan and Bahrain have openly called for Iran's nuclear program to be stopped by any means and that leaders of Saudi Arabia, the United Arab Emirates and Egypt referred to Iran as "evil," an "existential threat" and a power that "is going to take us to war."
THE ASSOCIATED PRESS

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Bomb attacks target Iranian nuke scientists

Ahmadinejad claims 'hand of the Zionest regime' and Western governments involved in assassinations

Iran's president accused Israel and the West of being behind a pair of daring bomb attacks that killed one nuclear scientist and wounded another in their cars on the streets of Tehran yesterday. He also admitted for the first time that a computer worm had affected centrifuges in Iran's uranium enrichment program.

Mahmoud Ahmadinejad and other Iranian officials vowed the nuclear program would not be hampered by what they described as a campaign to sabotage it — whether by assassination or by the computer virus. The United States and its allies say Iran is seeking to build a nuclear bomb, a claim Tehran denies.

VAHID SALEMI/THE ASSOCIATED PRESS

▶ Ahmadinejad

The two bomb attacks occurred when assailants on motorcycles attached magnetized bombs to the cars of two nuclear scientists as they drove to work in separate parts of the capital yesterday morning. They detonated seconds later, killing one scientist, wounding another and wounding each of their wives, who were in the cars, Tehran's police chief said. At least two other Iranian nuclear scientists have been killed in recent years, one of them in an attack similar to yesterday's.

THE ASSOCIATED PRESS

Hockey. Legend

▶ Line Burns carries an urn containing the remains of her late husband, former NHL coach Pat Burns, following his funeral yesterday in Montreal.

GRAHAM HUGHES/THE CANADIAN PRESS

Pat Burns' urn is a Stanley Cup

Pat Burns' final resting place is a Stanley Cup. A funeral for the former NHL coach was held yesterday, with hockey royalty coming out to pay tribute to a man they remembered as a master motivator who was tough but kind. Burns' ashes were carried into the church for the funeral and, afterward, back out in an urn that is actually a miniature replica of hockey's Holy Grail.

Forces one step closer to giving killer the boot

Russell Williams undergoes routine medical exam in prison ● Sex killer was already stripped of his rank

The Canadian military is another step closer to washing its hands of convicted sex killer Russell Williams.

The former colonel, who is serving a life sentence for the brutal sex slayings of two women, went through a final medical exam last week.

A spokesman for the Canadian Forces says a military doctor visited Williams in prison Nov. 25 to perform the exam.

He says it's part of the usual routine for military personnel who are leaving the Forces.

STEVE RUSSELL/TORONTO STAR

▶ Russell Williams

Williams has already been stripped of his rank, but he won't officially be drummed out of the Canadian Forces until they retrieve his medals and commission scroll.

Once they have his two medals and scroll – an official document that confirms Williams was a serving officer – the military plans to destroy them.

The spokesman says they hope to have those items soon.

The military took the extraordinary step of burning Williams' uniform and clothing on Nov. 18 at CFB Trenton, the base he once commanded.

THE CANADIAN PRESS

Employer fined for fatal accident

The owner of a Manitoba paving company has been fined thousands of dollars for a workplace accident in which a 15-year-old boy was buried under hot asphalt.

A judge has sentenced Gerald Shepell of Interlake Paving to pay $33,500 in the death of Andrew James in July 2008.

The teen died instantly when he became trapped in asphalt that had spilled from a truck at a former Manitoba Hydro substation in Stony Mountain.

Shepell pleaded guilty to numerous non-criminal charges under workplace and safety regulations, including employing underage workers.

Shepell will pay $500 a month until the fine is paid off.

THE CANADIAN PRESS

14

Andrew James was only 14 when he started working for Gerald Shepell. Manitoba law states that workers must be at least 16 years of age except by special permit.

Bangkok. Ruling

▶ Thai PM Abhisit Vejjajiva is hugged by a supporter.

THE ASSOCIATED PRESS

Victory for ruling party

Thailand's ruling Democrat Party staved off its possible dissolution and ouster from power yesterday when a court dismissed charged that it had misused an official election fund. The constitutional court's ruling is likely to meet widespread criticism that is has applied double standards. Previous court rulings have consistently gone against the Democrats' political opponents.

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Countries have various goals at conference

UN climate change convention begins in Cancun

GERARDO REYNOSO
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METRO WORLD NEWS IN CANCUN

Yesterday marked the start of the 16th UN Framework Convention on Climate Change (COP 16).

For 10 days, world leaders, government ministers and delegates from 194 countries will discuss measures to preserve planet Earth.

But what are the positions of major countries attending the Cancun summit?

China and the United States

In Cancun, wholesale agreements on reducing greenhouse gas emissions are not expected.

The United States says China must tighten a "voluntary" (non-binding) plan to reduce its increase in carbon emissions by 40 to 45 per cent below projected levels by 2020.

Latin America and Brazil

Brazil comes to the COP16 as a country that can deliver concrete results in combating climate change.

The South American giant, which in recent years has been enjoying an economic purple patch, has increased its carbon dioxide emissions to 775 million tonnes last year from 200 million tonnes in 2002.

India

India introduced a new way to tackle carbon reduction in the transport sector two weeks prior to COP 16. The objective is to develop a national action plan for low carbon transport and mobility plan for the top four major cities in India.

Mexico

Central America represents only 0.5 per cent of total global emissions. Therefore, Mexico's federal government has defended the position of common but differentiated responsibilities, and the responsibilities of developed countries that bear the burden of polluting the planet more.

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RAMON ESPINOSA/THE ASSOCIATED PRESS

▶ Children play in a polling station where unmarked ballots litter the floor one day after general elections in Port-au-Prince, Haiti, yesterday.

Haiti stages mass protest

Reports of stolen ballot boxes and ballot-stuffing

Haitians entered election day hoping for the best. Within hours, ballot boxes were ripped to pieces, protesters were on the streets and nearly every presidential hopeful was united against the government.

Add it to Haiti's list. Already reeling from a catastrophic earthquake, one of the world's poorest economies, storms, a deadly cholera epidemic and unrest over U.N. peacekeepers, the Caribbean nation could now be on the edge of full-on political turmoil.

The chaos in Sunday's voting united most of the top presidential candidates against the president's heir – Jude Celestin.

Allegations ranging from outright fraud to polling-place disorganization nearly brought the election to a halt. Polling places opened late, voters could not find their names on lists, and some polling places were ransacked by thugs. The discontent boiled into crisis at about 2 p.m., when 12 of the 19 presidential candidates gathered in a hotel ballroom to denounce President Rene Preval and call for the election to be cancelled. THE ASSOCIATED PRESS

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Market moment

PRICES AS OF 5 P.M. YESTERDAY

TSX	Dollar	Oil	Natural gas
			10,000 mm btu
			$4.264 (– 1.89¢)
+ 2.94 (12,895.65)	+ 0.13¢ (98.17¢ US)	+ $1.97 US ($85.73 US)	Gold contracts $1,366 (+ $3.60)

Astral to stream content to phones

RICHARD DREW/THE CANADIAN PRESS

▶ Astral Media's mobile applications will be compatible with BlackBerrys as well as iPhones and Google-powered Android smartphones.

Montreal-based Astral is Canada's largest private-sector radio firm

Astral Media Inc. says it has inked an agreement to beam its radio stations to mobile devices across Canada under a three-year deal with UBC Media Group.

The pact will include the creation of software applications for smartphones that allow listeners to enter contests, use social networking, stream live music events, buy music and interact directly with on-air personalities and with each other, Astral said yesterday.

All of its 83 stations are included in the agreement.

Scheduled to go live in early 2011, the mobile applications will be compatible with Apple's iPhones, BlackBerrys and Google-powered Android smartphones.

Radio station applications for phones are becoming increasingly popular and are already used by satellite radio providers.

"These new mobile applications will allow us to deliver a rich digital content offering integrated with a deep social media platform," said Rob Farina, executive vice-president of content and platforms for Astral Radio and Orbyt Media, a division of Astral.

"The rollout of these exciting applications will be a game-changer from a user experience standpoint across all our platforms."
ROB FARINA, ASTRAL RADIO AND ORBYT MEDIA

Orbyt Media reached the agreement with UBC Media Group's Unique Interactive of the U.K. and GrooveWorx, an international music house and exclusive North American distributor of UBC Media.

Astral operates more than 100 pay and specialty television, radio, out-of-home advertising and digital media properties.

THE CANADIAN PRESS

Current account deficit widens

Canada's overall current account deficit widened by $4.6 billion to reach a high of $17.5 billion in the third quarter. Statistics Canada says it's the eighth quarterly deficit since the fourth quarter of 2008.

The agency says stronger imports of goods accounted for the bulk of the increase in the deficit, as exports of goods also weakened.

The overall deficit on international trade in goods expanded by $4.3 billion in the third quarter to $6.5 billion. Imports were up for a fifth quarter, while exports fell for the first time since the second quarter of 2009.

As in the previous quarter, the goods surplus with the United States narrowed by about $3 billion in the third quarter, as exports to the United States declined for the first time in five quarters.

Total imports of goods advanced $3.6 billion, with more than half of that increase accounted for by higher volumes of machinery and equipment.

THE CANADIAN PRESS

290

Lower courts in the U.S. say Microsoft wilfully infringed on the patent, and ordered the world's largest software maker to pay $290 million US to i4i and stop selling versions of Word containing the infringing technology. Microsoft now sells versions of Word that do not contain the technology in question.

Microsoft vs. i4i in top court

The U.S. Supreme Court agreed yesterday to referee a $290-million US dispute between Microsoft Corp. and Canadian technology company i4i Inc. over complaints that a tool used in the popular Microsoft Word program violated patent protections.

The high court agreed to hear an appeal from Microsoft, which wants the multimillion-dollar judgment against it erased.

Toronto-based i4i sued Microsoft in 2007, saying it owned the technology behind a tool used in Microsoft Word. The technology in question gave Word 2003 and Word 2007 users an improved way to edit XML, which is computer code that tells the program how to interpret and display a document's contents.

Microsoft executive David Howard said the company is glad the justices decided to hear their appeal. "It's a clear affirmation that the issues raised in this case are critical to the integrity of our patent system," Howard said.

Chief Justice John Roberts did not take part in the consideration or the decision in this case. He reported owning between $100,000-$250,000 worth of Microsoft stock in 2009 on his annual disclosure.

The court will hear the case sometime next year.

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CHEAPNESS MIGHT ACTUALLY BE A VIRTUE

She says ...

JESSICA NAPIER

This is a story about my co-worker Phillip.

Phillip and I happen to share the same birthday. And this is where the similarities end. While I've been known to be a bit reckless with my spending, he is much more conservative when it comes to finances.

If I were polite I would call Phillip extremely frugal. But instead, I'll be honest and call him cheap. He brings penny-pinching, coupon clipping and discount shopping to a whole new level.

In addition to his actual job, Phillip runs a small convenience store out of his cubicle. On any given day his filing cabinet holds chocolate bars, trail mix, bags of chips and even packages of Tums for overindulgent co-workers. He dispenses his wares at an exorbitant premium, making a significant profit off of snack-happy office mates. Phillip has a strict pricing policy; he doesn't permit haggling and will not sell you a handful of Skittles at a discount.

Despite daily arguments over the cost of a single mini Kit-Kat bar (50 cents each or three for a dollar) Phillip's stingy attitude can also be a helpful (if not hilarious) addition to the daily 9-5 grind. He routinely circulates emails that alert office staff to special sales and discounts that might be of interest.

"On the heels of Black Friday and the general insanity of holiday shopping, I've started thinking that maybe gratuitous spending isn't so great, even if it is in the name of all things festive."

So why should you care about any of this?

We're all inclined to be a bit generous with our paycheques around the holidays. Every year, I splurge on gifts for loved ones only to wind up plunging into a debt despair come January.

This year, Phillip — my perpetually penny-wise friend — has been encouraging me to give up my wanton ways and come over to the cheap side. Ninety per cent of his gift giving is reliant on whatever those group-buying coupon websites offer in the weeks leading up to the holidays.

What a Grinch.

But maybe he's onto something. On the heels of Black Friday and the general insanity of holiday shopping, I've started thinking that maybe gratuitous spending isn't so great, even if it is in the name of all things festive. In the face of crazed consumerism, cheapness might actually be a virtue. And perhaps a little retail restraint is just what we all need this holiday season.

Read more of Jessica Napier's columns at metronews.ca/shesays

Cartoon

MICHAEL DE ADDER

12 days equals $100K

Worth mentioning

In the unlikely event that your Christmas list this year includes every item mentioned in The Twelve Days Of Christmas, be prepared to pay nearly $100,000.

Trying to buy the 364 items repeated in all the song's verses — from 12 drummers drumming to a partridge in a pear tree — would cost $96,824 US, an increase of 10.8 per cent over last year, according to the annual Christmas Price Index compiled by PNC Wealth Management.

So you might want to try for one of everything. That would cost only $23,439, or 9.2 per cent more than last year.

Holiday index

The 27th annual holiday index has historically mirrored the U.S. Consumer Price Index, but not this year. The PNC Christmas Price Index grew 9.2 per cent from last year, compared with just a 1.1 per cent increase in the much broader Consumer Price Index.

Also, gold prices are high — which pushed the cost of five gold rings up 30 per cent to $649.95 — as was the cost of hiring entertainers.

The most expensive item on the list was $6,294.03 to hire nine ladies dancing, a 15 per cent increase from last year. The cheapest was $12 for one partridge, a 20 per cent increase.

THE ASSOCIATED PRESS

Will you shop more online this holiday season? Why?

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Metro Minute at a cooking class

We recently attended a wedding whereby the beaming bride and groom related their adorable how-they-met story — in some degree of graphic detail (Hi, mom!) — but the point is, that moment in slight discomfort would not have been possible without the cooking class in which they first met.

Cooking classes have that terrific multifunctional element of providing you with both a critical life skill, and a person to inevitably perform that skill for you in the event you prove incompetent.

Blog T.O. has a terrific list of the city's top cooking classes. Culinarium at 705 Mt. Pleasant Rd. focuses on local cuisine, while Viva Tastings includes a post-date, er, post-lesson glass of vino. ● JORDANA DIVON

TORSTAR NEWS SERVICE FILE

▶ Check out Blog T.O.'s list of cooking classes, where you may end up making more than a casserole that night.

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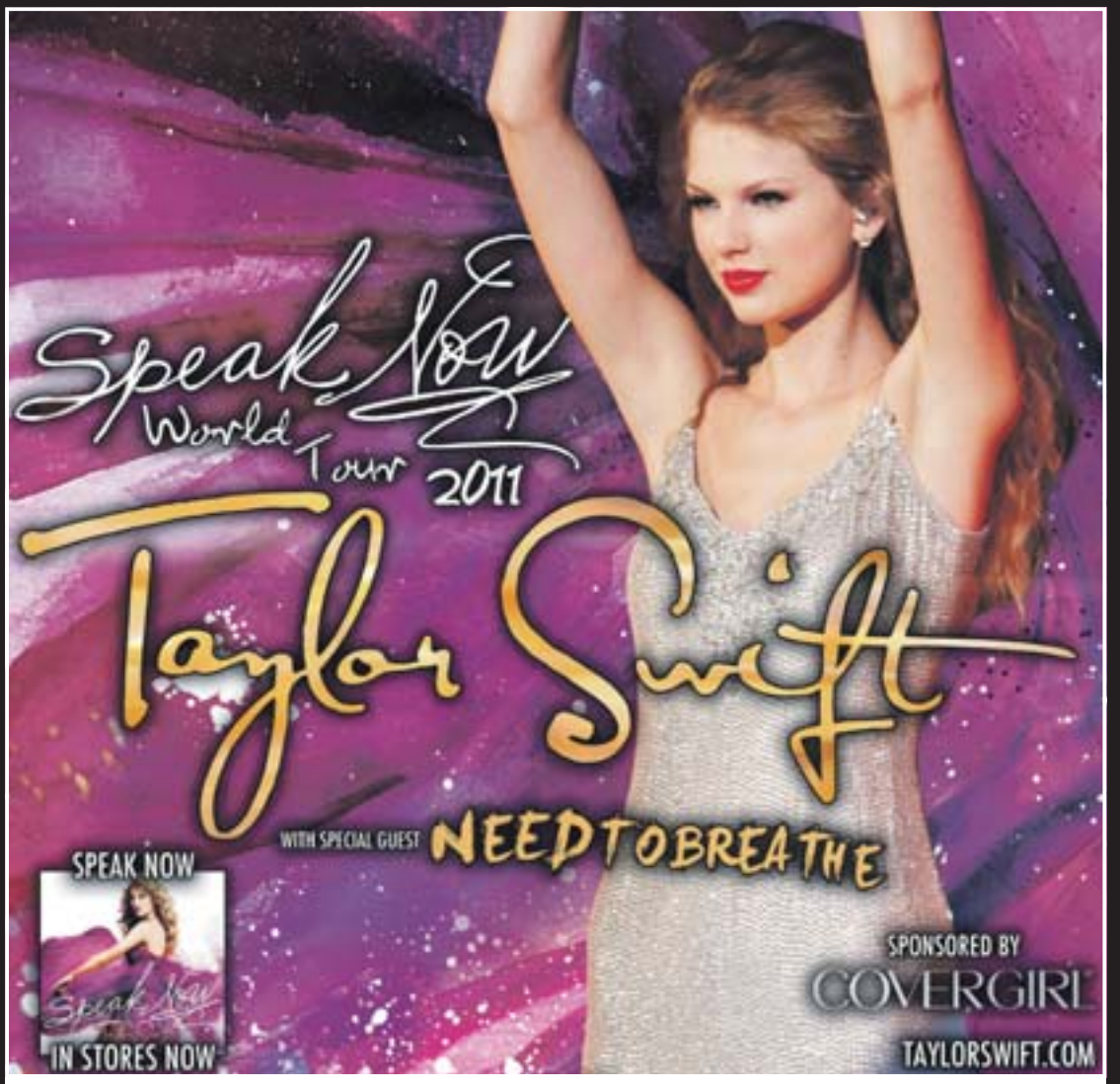

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From the future Queen of England to the guidos and guidettes of the Jersey Shore, Barbara Walters reveals the most fascinating people of the year 16-year-old Justin Bieber and 88-year-old Betty White also sit down to talk with legendary broadcaster

HANDOUT

▶ The cast of the Jersey Shore.

GETTY IMAGES

▶ Sandra Bullock

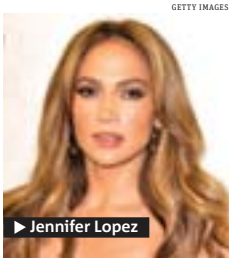
GETTY IMAGES

▶ LeBron James

GETTY IMAGES

▶ Sarah Palin

GETTY IMAGES



▶ Jennifer Lopez

2010's most fascinating people

What does octogenarian funny lady Betty White share with teen singing sensation Justin Bieber? What do film star Sandra Bullock and hoops star LeBron James have in common?

All are among this year's crop of The 10 Most Fascinating People, as harvested by Barbara Walters from the fields of entertainment, sports and world affairs.

Also on the list: GOP superstar Sarah Palin, incoming American Idol judge Jennifer Lopez, royal fiancée Kate Middleton and the entire cast of MTV's Jersey Shore. Two more Most Fascinating People are yet to be disclosed, and, as usual, the 10th name will be kept under wraps until the ABC News special airs Dec. 9 at 10 p.m.

This is the 18th year Walters has presented her roundup of the biggest and most buzzworthy. But this year, there's more. She's got a companion special the same night.

An hour earlier — at 9 p.m. EST — Walters is hosting Oprah, The Next Chapter. It's an in-depth visit with Winfrey as she readies OWN, her new cable network launching Jan. 1, and roars down the home stretch of her daytime talk show's final season.

"I interviewed her in 1988, when she was first becoming very popular," Walters said not long ago. "She and I consider this latest interview our coming full circle."

On the program, Winfrey will discuss her new network, the reason she's doing it and concerns she has for its success — "it's a huge leap of faith," Walters said.

Winfrey also talks "very personally" about her relationships with best friend Gayle King and longtime partner Stedman Graham.

"This is an interview about Oprah's life at this turning point," Walters said.

On The 10 Most Fascinating People of 2010, the conversation is personal, too, when Walters sits down with White.

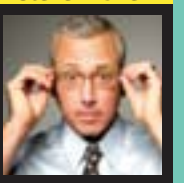
At 88, White has enjoyed a year of triumphs and much-deserved attention as an actress-comedian who is full of life, but during her interview, "she talks about how she feels about death," said Walters, adding, "She still wants to have sex."

Palin — the bestselling author and former governor and vice-presidential candidate — is one of Walters' most fascinating people for a record third consecutive year. Walters said she came away from their recent meeting convinced that "this is a woman who is going to be a candidate (for president) — or, at least, wants to be a candidate."

THE ASSOCIATED PRESS

2 scene

Scene in brief



Addiction specialist Dr. Drew Pinsky will have a new prime-time show weeknights on HLN starting next spring. The network, formerly CNN Headline News, made the announcement yesterday. Pinsky hosts Celebrity Rehab With Dr. Drew on VH1. His HLN show is expected to be more of a talk show, where he discusses news stories that fit into his area of expertise. Pinsky says he's looking forward to the chance to "really explain the choices that people make."

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Book Review: Anita Shreve again looks at love and moments of loss in new novel, Rescue

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DVD Releases this week

Buy it | Rent it | Borrow it | Yawn | Don't bother

Knight and Day
Genre: Action/Comedy
Director: James Mangold
Stars: Tom Cruise, Cameron Diaz, Peter Sarsgaard
●●½
Cameron Diaz's reunion with her Vanilla Sky co-star Tom Cruise is supposedly a comedy, and Diaz tries to be funny. But serious cookie Cruise acts as if he's in another chapter of his Mission: Impossible franchise.

Funny doesn't come naturally to him; he always gives the creepy feeling of forced hilarity. Even in jest, Cruise can't stand to lose control.

There is also romance in Knight and Day — and Diaz is up for it — but Cruise still looks as if he's taken charisma lessons from Al Gore. Diaz is just a gal who wants to have fun; Cruise wants us to know he

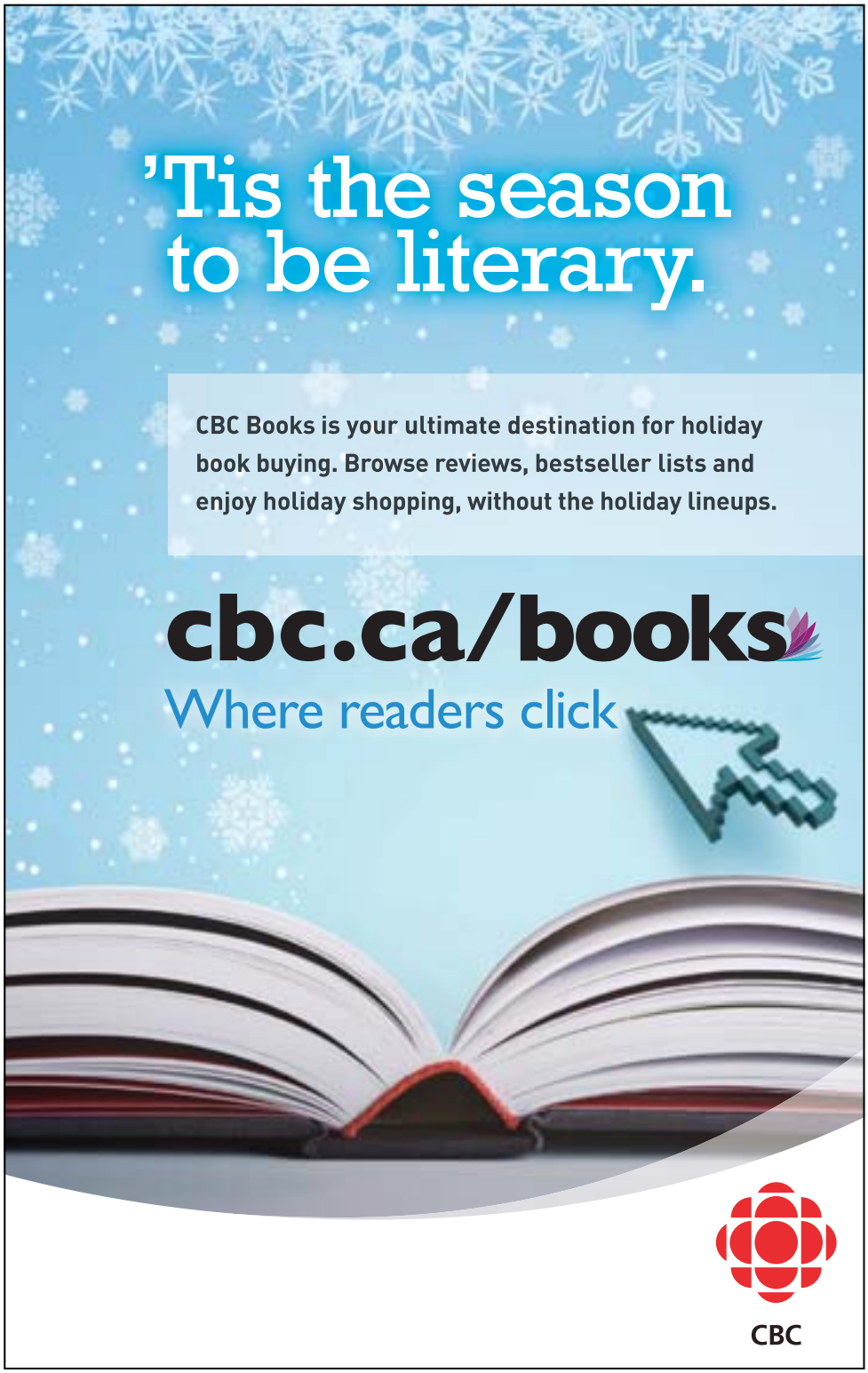
worked really, really hard and he has no time for foolishness.

At least we can all agree that Knight and Day is an action movie, and does it ever move. PETER HOWELL

Waking Sleeping Beauty
Genre: Documentary
Director: Don Hahn
Stars: Roy Edward Disney, John Lasseter, Michael Eisner
●●●
It's a saga fit for a Walt Disney movie classic. A happy little enclave is reduced by dark forces to a shadow of itself, almost to the point of disappearing altogether. The enclave in question, as seen in this absorbing documentary celebration-cum-exposé, is Disney's own Toontown: the animation division that made Sleeping Beauty, Snow White, Pinocchio and many other memorable movies prior to founder Walt's death in 1966.

By the early 1980s, Disney's animated films were failing, upstart rivals were succeeding and there was talk of scrapping the division.

The situation changed dramatically with the arrival of Michael Eisner and Jeffrey Katzenberg, two ambitious new Disney execs who revived the franchise but also knocked many heads.
PETER HOWELL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The Audio Files

BRYAN BORZYKOWSKI
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MUSIC VIDEOS DON'T NEED TO BE ON TV

Justin Bieber's Canadian fans have another reason to scream — they'll keep seeing his videos on MuchMusic. The station's parent company, CTV, had asked the CRTC to slash the amount of time it has to play videos on the channel in half, from 50 per cent of air time to 25 per cent; the Canadian Radio-television and Telecommunications Commission turned down that request last week.

That means you'll be able to continue watching as many Bieber, Lady Gaga and Katy Perry videos as you always have. Oh wait, what's that? You don't watch videos on TV?

It's nice to think that CRTC's decision will keep people glued to their TV sets, discovering new music like they did years ago, but we all know that's not true. Synovate Research found, in a global survey that included Canada, that 46 per cent of people watch videos on their computer, while 16 per cent use their mobiles.

The CRTC denied the request for a number of reasons, mainly to do with licensing rules and competition, but if the decision were solely based on how people watch videos, they should have sided with CTV.

I've gotten nostalgic over music videos in this space before, but when it comes down to it, if CTV thinks MuchMusic can be more successful showing reality programs — or "lifestyle programming" as it calls it — it should be allowed to.

Artists such as OK GO, or Canada's Jeremy Fisher, aren't relying on MTV or Much to play their music. Fisher's video for Cigarette has more than 2.3 million views — there's no way that many eyeballs would have seen it if it only aired on TV.

I don't see a problem with Much cutting it's music content, in fact, I'm surprised they'd even dedicate 25 per cent of their programming time to videos. As more people seek out videos online, there's no reason why a television station like MuchMusic should continue to play them.

Artists will do just fine without Much — that's been proven over and over again — and I'd rather see the station succeed than become irrelevant. It may not be the station I grew up with, but how many people who once watched it for the videos still turn it on?

Let MuchMusic do what it wants. I'll be tuning into my computer, whether the telecom and music industries like it or not.

Justin Bieber gets ready for crucial change

- His voice hasn't broken yet, but it will soon
- Working with Usher's voice coach

While his star continues to rise, there are concerns over how exactly teen sensation Justin Bieber's voice is dropping.

"Justin is physically developing at a slower rate than most guys so his voice is only breaking now," a source tells the News of the World. "He's working with the best in the business, a specialist called Jan Smith, to make sure he gets as much vocal rest as humanly possible for a working pop star. It's the same people who worked with Usher when his voice broke.

METRO

▶ Justin needs to rest his voice.

Hathaway, Franco will host Oscars

James Franco and Anne Hathaway have just what Academy Awards producers want as hosts of Hollywood's biggest night. They'll put on a show, rather than just another awards ceremony, organizers say.

Bruce Cohen and Don Mischer, producers of the Feb. 27 telecast, said Monday they had chosen Franco and Hathaway as hosts because the two are rising stars with broad talent that will help turn the night into a celebration of film.

"What we have here are two really emerging talents who are very respected and are going to have, I think, magnificent careers," Mischer said.

Both have done serious drama and comedy. Hathaway earned a best-actress Oscar nomination for 2008's Rachel Getting Married and starred in such comedies as The Princess Diaries and The Devil Wears Prada.

Franco had an Emmy nomination for the title role of 2001's James Dean, co-starred in the Oscar-winning Milk and delivered a memorable comic turn as a spacey pot dealer in Pineapple Express.

Hathaway also showed off her musical talents in a duet at the 2008 Oscars with the show's host, Hugh Jackman. Oscar producers were uncertain whether Franco can sing.

"There's a rumour that he can, and we will be exploring that," Cohen said.

"What we do know is they both have a great sense of humour and a great sense of comedy," Mischer said.

While most Oscar shows over the past two decades have had comedians such as Billy Crystal, Chris Rock or Jon Stewart as emcee, Hathaway and Franco continue a recent trend of using film stars.

Steve Martin, a past solo host of the Oscars, and his It's Complicated co-star Alec Baldwin teamed up as hosts last year, while X-Men and Broadway star Jackman was host the year before.

THE ASSOCIATED PRESS

Spider-Man left hanging

Spider-Man's web has gotten tangled on Broadway.

Several delays and at least two actors left dangling from cables marred the first preview of the mega-musical Spider-Man: Turn Off the Dark.

According to published reports, Sunday night's performance of the reported $65 million show ran over three hours because flying tricks went wrong and the musical had to stop at least five times.

THE ASSOCIATED PRESS

Twins for Mariah?

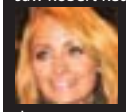
With Mariah Carey's pregnancy a matter of record now, there's speculation that the ever-swelling diva may actually be having twins. Carey herself didn't help matters while promoting her new Christmas CD, thanks to a little pronoun slip. "I just hope that they don't turn out hating Christmas," she joked with Radio Disney.

METRO

Celebrity tweets

Mariah Carey [@MariahCarey] Curly or straight?..need the input:)

Nicole Richie [@nicolerichie] My son saw Robert Redford on tv & screamed "daddy!". yeah Sparrow, in both of our dreams



Russell Crowe [@russellcrowe] Kevin and I are having a liquid dinner

Steve Martin [@SteveMartinToGo] Wife packed her bags and was almost out the door over my misspelling of "indie." Romanced her back with a..l..b..u..q..u..e..r..q..u..e...

METRO

Talking points

Kirsten's cheesy life

CAN'T BEAT IT. Kirsten Dunst admits she's been living a very un-Hollywood lifestyle since she's been out of the spotlight. "I live at my mom's right now," Kirsten says, according to Hollyscoop. "I don't have a house in L.A. anymore. It's great. I live there and go out to my favourite Valley spots like Hugo's Tacos, Artisan Cheese Gallery. Oh, it's so good there!"

METRO

Christmas with Angie

NO SCROOGE. While Angelina Jolie may have caught flack for her supposed disapproval of Thanksgiving, the actress is no such Scrooge when it comes to Christmas, according to Popeater. "Christmas was the favourite holiday of Angelina's mom, Marcheline Bertrand," a source says. "It was a time when Angie and her brother James would open presents and enjoy being together. It's this, not the religious part, that Angie wants to pass on to her kids."

METRO

3 life

ISTOCK PHOTO

▶ Researchers in Alberta have shown there is a link between HIV/AIDS and neurological disease.

HIV linked to brain disease: Researchers

▶ Neurological problems shown to be common among AIDS patients ▶ No longer universally fatal, antiretroviral drugs are helping to improve survival rate ▶ Still a long way to go though

CELIA MILNE
WELLNESS@METRONEWS.CA

Rita Tekeste, age 34, is HIV positive.

Since she was diagnosed with the infection seven years ago, she has been on antiretroviral medications, which keep her virus under control while she raises two children, works, and volunteers at the Southern Alberta HIV Clinic in Calgary.

But starting in 2007, Tekeste had some new problems: horrendous headaches, debilitating seizures and loss of memory.

Thanks to one of her physicians, Dr. Chris Powers, the world now knows that neurological problems like this are fairly common in people with HIV/AIDS patients.

He and colleagues recently published results of an important 10-year study linking HIV to neurological disease.

"In a nutshell we showed that despite the availability of antiretroviral drugs, neurological disease is common, occurring in over 20 per cent of those with HIV," Dr. Powers told Metro.

He is a professor in neurology at the universities of Alberta and Calgary and Canada Research Chair in Neurological Infection and Immunity.

"It is not universally fatal the way it was before."
DR. CHRIS POWERS

Tekeste is now feeling OK. She's on medications to control her seizures and headaches, as well as taking a cocktail of HIV drugs.

Overall, there is good news on the HIV front, thanks to the dozens of HIV medications now on the market in Canada.

"Yes, it is not universally fatal the way it was before, because of the availability of antiretrovirals," says Power. But there is bad news too.

"Survival depends on drug cocktails that are hard to take, expensive and toxic. And survival is still much less than in the general population and particularly bad if you have neurological disease."

The study included 1,651 people infected with HIV who were being treated at the Southern Alberta Clinic in Calgary between 1998 and 2008; in those 10 years, 404 of them had neurological problems such as seizures, dementia, nerve pain in their hands and feet, memory loss, headaches and migraines.

Zoonotic

HIV/AIDS is far from the only disease that comes to us from animals. These viruses, bacteria and other nasty bugs are called "zoonotic infections" and there are more than 500 of them, according to the Journal of Epidemiology and Community Health. Here is a partial list of other disease:

- H1N1 from pigs
- West Nile virus from birds
- Measles from cattle
- Rabies from dogs
- HIV from monkeys
- Lyme disease from ticks
- Malaria from mosquitoes

The disease

"That's where the numbers are growing."
DR. CHRIS POWER

The HIVAIDS epidemic is changing. In Canada, 65,000 people lived with HIV infection in 2008, an increase of 14 per cent since 2005, reports Health Canada. Gay men continue to be the group most affected by HIV in Canada, amounting to 44 per cent of those infected. But, according to Alberta neurologist Dr. Chris Power, vulnerable populations include those who came to Canada from countries where HIV is endemic, as well as I.V. drug users and Aboriginal women. "That's where the numbers are growing."
CELIA MILNE

In search of new treatments

AIDS researchers around the world are watching the "slow progressors" — people who have HIV infection but don't develop full-blown AIDS.

They only account for one per cent of HIV-infected individuals, but they may provide a key to new treatments.

An international study has identified a genetic variation that helps their immune system control the infection before it spreads.

The Canadian arm was led by Dr. Cécile Tremblay, a researcher with the Centre hospitalier de l'Université de Montréal Research Centre.

He assembled research on slow progressors from all over Canada.
CELIA MILNE

▶ AIDS researchers are looking at new ways to treat the disease.

SCANLIFE

Beyond stem cells: Scientists transform skin cells to nerve, heart, blood cells

BRENT STIRTON/GETTY IMAGES FOR THE GBC

HIV boom hits young men

A generation ago, AIDS was decimating the gay population. Now it's back.

"HIV is clobbering the gay community," says Robert Carr, director of policy and advocacy at the International Council of AIDS Service Organizations.

"A new generation has grown up that doesn't remember the AIDS epidemic in the 1980's. People don't see their friends dying like they did then. And they've become complacent because HIV isn't a death sentence any more."

There's one obvious reason for the high infection rates: HIV spreads more easily through anal sex than through vaginal sex.

"(Gay men) here often get the virus while having drug-induced sex," says Mikey, an HIV-positive AIDS outreach worker in Kuala Lumpur. Multiple sex partners further increase the risk of infection.

And in many countries, sex between men remains a taboo. HIV awareness campaigns target straight people, while gay men don't realize they can get infected.

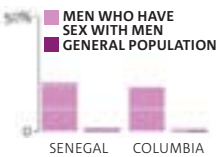
"Societies have to be honest about the fact that they have gay people," says Carr.

"And in Western countries there are now gay men who aren't white and middle-class. HIV is increasing among men that weren't part of our countries 20 years ago."

ELISABETH BRAW

Infection rates

Infection rates are increasing around the world.



In low- and middle-income countries, men who have sex with men are 19 times more likely to be infected with HIV than the general population.

- **United States** The rate of new HIV diagnoses among homosexuals in the U.S. is more than 44 times that of other men.
- **France** Homosexuals have an HIV infection rate 200 times higher than the heterosexual population, and account for 48 per cent of new infections.

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Overcoming AIDS

The story of Christine Jere and surviving HIV How one woman is learning to live with the disease thanks to the CARE of others

KIERAN GREEN/CARE CANADA

Christine Jere with caregiver Joshua Nonge.

The road to Kabiya village, in the eastern province of Zambia, is red and dusty. Tobacco fields stretch off in either direction. Christine Jere sits on the ground outside her mud-and-thatch hut in Kabiya and tells the story of how she nearly died of AIDS.

At 35 years of age, Christine already has three children and three grand-children. She is a widow — her husband died over 12 years ago. In 2002 Christine got sick.

Over the next few years one symptom followed another as her health steadily declined: loss of appetite, unable to sleep, diarrhea, coughing. Her legs swelled up and, with the pain, she could barely walk. With no mobility, Christine – the main provider for her family – was unable to participate in farming season, which meant no food for the family.

Christine's relatives watched with fear as her health deteriorated. They tried everything to convince her to get testing and treatment but Christine resisted. Then in 2006 an outsider came and tipped the balance. The outsider was Joshua Nonde, a caregiver in CARE's Home-Based Care program.

Christine admits it was the independent advice and support Joshua brought that finally gave her the courage to confront her illness. She went to the hospital where she was tested for and diagnosed with HIV and AIDS. Christine was started on anti-retroviral drug treatments.

Christine Jere

Recovery was a long, slow process. There were those in Kabiya who insisted the modern drugs would not work and urged Christine to give them up in favour of traditional medicine. Again Joshua and the caregivers were there to give reassurance and support her through the treatments. When she was unable to pick up her medications herself the caregivers got them for her. They helped Christine's aunt prepare food for the family and clean the house.

By the end of 2007 Christine had regained weight, strength and mobility. Come the new planting season and she was able to help with the farming again. Seeing her improvement, Joshua invited her to join a newly-started CARE support group for people with HIV and AIDS. The group members help and encourage one another, and keep an eye out to ensure everyone is keeping up on their medications. Each member also makes regular donations into a group saving project. With the saved money they can provide financial support to group members who are struggling. Recently the group used their funds to cover the funeral costs for a member who had died. The members of Christine's support group are also reaching out — going into their communities to find others who are sick and who have not yet been found by CARE's caregivers.

As for Christine herself, today she is doing better than ever.

Her eyes light up with excitement as she talks about the next farming season.

She's growing her own vegetables and taking them to sell at the local military barracks. Christine Jere is now treasurer of her support group. She has become a leader among survivors and a role model to her community.

COURTESY OF CARE CANADA

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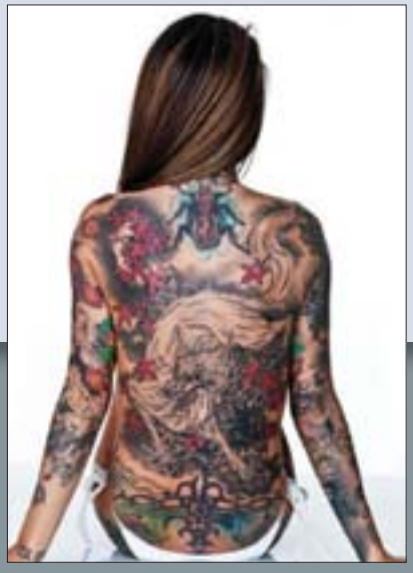

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LIFE

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Inspiring confidence

How one group used theatre to educate on the dangers of the AIDS virus

KENNEDY MACKINNON
WELLNESS@METRONEWS.CA

SUBMITTED

▶ Shakespeare Link Canada has helped a community affected by AIDS regain its confidence through theatre.

I'm already sweating although it's only 5:45 a.m. It's a typical morning in Quelimane, Mozambique.

I don't yet know that this day will change my life.

I first visited Quelimane in August 2005 with four members of Shakespeare Link Canada.

In Mozambique, there are approximately 1.6 million people are living with HIV or AIDS, more than 90,000 of them children under 15. Few have access to antiretroviral drugs and the average life expectancy is just 38 years (as of 2004).

Our company paired up with an extraordinary Mozambican group called Comphania e Danca e Cante Montes Namuli, which uses theatre to teach AIDS awareness. Together our two companies created an HIV/AIDS education play based on Shakespeare's A Midsummer Night's Dream. We turned Puck into the HIV virus; we loaded the forest with lovers and together we created a truly Mozambican adaptation called Sonho Noctourno — Dream at Night.

When our company returned to Quelimane in the summer of 2007, we found it suffering with a 33 per cent adult rate of HIV/AIDS. And women were hit hardest of all. We saw countless orphans being raised by their grandmothers and innumerable small children being cared for by sisters barely older than they were. We saw young girls offering to trade sex for money, food, or a home, with older men looking to replace wives who have died.

When we first met them, we could barely hear the girls' small voices. Our plan once again was to use theatre to help build their confidence.

For the next five weeks we played games, danced and sang.

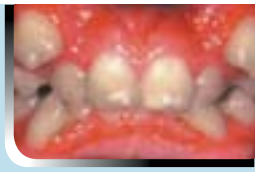
What happened next is nothing short of magic.

The girls take their places in a row to sing one of the songs they have learned. Then, they create tableaux — physical snapshots of girls helping girls; fists in the air, hands clasped together, holding one another up in the air.

One at a time they say, "NO!" — resisting the temptations that can lead to AIDS. We hear every voice. We see every face.

They finish their dramatic presentation by once again repeating "NO!" Only this time they are louder and stronger. There is a thunder of applause. I see the men in the audience on the edge of their seats, cheering and it feels like a new day dawning.

CROOKED TEETH and want them straightened?



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More common than you might think ...

Did you know that one woman in four is iron-deficient? Iron deficiency can make you feel faint, tired and irritable, and make it difficult to concentrate. Other signs that your body's iron levels are too low include: dark circles under the eyes, headaches, pale skin and an increased need for sleep.

Lack of iron is the most common nutritional deficiency in the world. There are varying degrees of iron deficiency – and you may not even be aware that your iron is low. Elderly people, athletes, pregnant and nursing women, and vegetarians may have an increased need for iron supplementation.

Iron is essential

Since your body cannot produce iron by itself, you have to get it from your daily diet. Most of your iron goes to making hemoglobin – the colouring substance of red blood cells. Iron is essential for the transportation of oxygen in the body. It's almost impossible to get enough iron from your daily diet to ensure the proper functioning of your body.

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Are you iron-deficient?

- ❑ Do you often feel listless, weak or irritable?
- ❑ Do you look pale, lack appetite or feel tired?
- ❑ Are you often cold or chilly?
- ❑ Do you have brittle hair and nails?
- ❑ Are you pregnant or nursing or planning to become pregnant?
- ❑ Have you lost a lot of blood (e.g. from surgery, injury or donating blood)?
- ❑ Are you vegetarian?

The more questions you answered "yes" to, the higher your risk of being iron-deficient. Iron deficiency often goes undetected, so you may want to ask your doctor for a serum ferritin test, the most sensitive measurement of iron stores in your blood.

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How to give with a purpose

This year, putting some thought into giving is sure to make your charitable donation a lot more meaningful

ON MONEY

ALISON GRIFFITHS
MONEY@METRONEWS.CA

'Tis the season of giving but, like anything to do with money, having a plan really improves both the experience and the outcome.

First of all, make sure the charity of your choice is registered with the federal government.

The Canada Revenue Agency has been eyeing charities more carefully lately and there has been an increase in revoked registrations.

Secondly, it is almost always more beneficial to give directly to a charity rather than via a telephone or mail solicitation.

Some charities do their own mail blitzes but many hire fundraisers that take a piece of the pie.

Thirdly, don't spray your money all over the place.

You will feel more connected to a couple of charities if you focus your giving than if you give little bits here and there to a dozen of them.

Choosing a charity can be overwhelming. There are so many good ones and so much need. One great place to start is with your, or your family's, heart.

My late father-in-law, Jack Cruise, was a ophthalmologist and in his 70s he travelled to India and Pakistan with Operation Eyesight Universal to perform cataract surgery in mobile clinics.

By giving to that organization, my children felt connected to their grandfather.

In my single years, wild animals were at the top of my love list and I gave to the World Wildlife Fund every year.

A neighbour has soccer- loving boys so they give to a charity that provides balls, nets and uniforms to kids in places like Haiti.

I also find that children love causes where they get something back such as a letter, a photo or some tangible recognition that their efforts have made a difference.

And if you do have children, by all means encourage them to save part of their allowance every year in a jar, envelope or bank account to give to a charity of their choice.

Donating

$260 is the median cash donation in Canada

cra-arc.gc.ca/charities offers a list of registered, suspended, annulled and penalized charities.

Fun and Frugal

LESLEY SCORGIE
MONEY@METRONEWS.CA

YOU'RE NO SCROOGE, YOU'RE JUST A BIT FRUGAL

Plan to have a frugal and cheerful holiday season by setting up a budget to avoid debt, and by shopping early, so you'll have less pressure on your cash flow near the end of the year. Plus, you won't get gouged at the till with holiday "specials".

Save money on presents by drawing names so that you only have to buy for one person. Or, set limits on the amount friends and family can spend on gifts. Also, shop throughout the year when you see specials and sales — check flyers, the Internet, etc.

Better yet, don't spend on gifts. Make cards, bake or prepare crafts for a gift basket. Or exchange loyalty points from your credit card or other reward program for gift cards or travel vouchers.

Plan inexpensive activities like walking, tobogganing, skating, building snowmen or borrowing books and renting old movies. Take your loved ones to a holiday pageant or make a home video wishing your loved ones a happy holiday season.

Organize volunteer activities with friends and family. Pack food hampers at the food bank or fill a few Operation Christmas Child shoe boxes for a child in need. It's a healthy reminder of how important it is to give back.

Preparing holiday meals can be very expensive so host a holiday potluck dinner instead. Try to buy your meal ingredients in bulk and as much in advance as you can. Use coupons and don't overbuy: a smaller turkey and veggie dishes are ample.

The holidays are about spending time with people you love, not getting caught up in the over-consumption hype.

A home inventory can be easy to do

Ahhh… the season of giving. Sharing time with family and friends, the light of children's eyes as they open presents, and festive holiday music playing everywhere. But with all the gift giving over the holiday season, Aviva Canada is stressing the importance of a home inventory.

A home inventory protects you in the event of theft or major damage to your home's contents.

But many Canadians think "it's okay, I have insurance." And while the peace of mind that property insurance provides allows us all to sleep at night, most don't realize what a traumatic experience these events can be.

"Trying to remember all of the items in your home can add to an already stressful event. Having an inventory of items in your home is one of the best ways to prepare yourself," states Wayne Ross, insurance and claims expert with Aviva Canada. "Besides helping ensure you have the right amount of insurance, an inventory will help settle your insurance claim faster."

Sure, but who has time to go through every item in their home? The task need not be onerous and can be as easy as taking a video account of each room in your home. Many insurance brokers or insurers also prepare content lists that can act as a helpful starting point.

Whether you conduct a video or written inventory of your home, don't forget to keep your inventory in a safety deposit box or other safe place away from home. You should also keep in a safe place a record of legal documents, such as birth certificates and passports.

More information is available from your insurance broker or avivacanada.com. **NEWS CANADA**

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YOUR BEEF ON THE CHOPPING BLOCK

Smug Marrieds

ANGELA PACIENZA & DEREK CHEZZI
2FORCOUPLES.COM
TWITTER: @SMUGMARRIEDS

I'm a vegetarian but my husband-to-be is a carnivore. We're on the verge of moving in together, but he's upset that I won't allow meat in the house. Can a vegetarian and meat-lover ever live happily ever after?

Angela says...

Relationships are all about compromise and it doesn't seem fair to all out ban meat from the house if your loved one partakes.

You will both need to figure out how to have meat around, while being respectful of each other's food choices. This will be a logistical challenge, no doubt. But remember that sharing meals can be a very intimate activity you do together as a couple — whether it's cooking together, preparing a treat for your honey or stocking the fridge for your loved one. You don't want to feel as though you're college roommates labelling one half of the fridge.

Derek says...

During our honeymoon, Angela and I visited her family in southern Italy. When we arrived at their house, one of the first sentences out of my new zia's mouth was "We're having rabbit for dinner. We killed it this afternoon in your honour."

I learned, you can't force a meat-eater to go green.

AT SECOND SIGHT

Names: Kevin, 22, and Heather, 20

Current city: Toronto

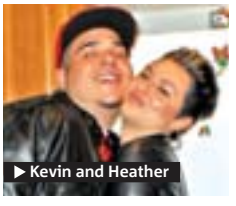
Together since: 2009

Their story:

How We Met: Kevin & Heather

"I was 16 years old the first time I (Heather) met Kevin. We were at a party and although he was very charming and persistent, I wasn't interested that night.

Fast-forward almost three years, and I'd been asked to serve as a bridesmaid in my cousin's wedding. The only thing in my mind was 'I hope my usher is cute!' Shallow? Sure. But I was 19 and had been through my fair share of frogs. My cousin and her fiancé held a barbecue mixer so that all the bridesmaids and ushers could get to know one another. My cousin introduced me to this guy. It turned out he was my usher. He swept me off my feet this time around, and I knew from then on that I didn't want to live without him."


▶ Kevin and Heather

A pricey treat

PETER ROCKWELL
LIQUIDASSETS@EASTLINK.CA

One of the many perks of this job is that I often get a chance to drink things that I could never afford.

A perfect example is brandy: A category of booze that covers any spirit made by distilling wine.

Brandy can be made anywhere, but only those from France's Cognac region get to use that famous geographical identifier. Because its output is considered the benchmark for brandy even entry level Cognac isn't cheap. Getting a chance to try the big guns is rare, so the opportunity to sip on Rémy Martin's Louis XIII ($1,903.10 - $2,800.00) at a recent tasting made my perks list.

Made from a blend of more than 1,200 different individual spirits (some of which are more than 100 years old), Louis XIII is a rich, rounded brandy with sophisticated fruit overtones that really explode from the glass. If Louis is a bit rich for your blood, Rémy Martin's V.S.O.P Cognac ($73.98 - $89.95) is equally impressive though not as old: The average age of the blend is between for and 15 years. Classically served sans ice, modern mixologists have taken to serving brandy ice cold.

Prices reflect the range across the country. Some products may not be available in all provinces.

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LARRY CROWE/THE ASSOCIATED PRESS

▶ Crab cake potato stacks made with Old Bay seasoning.

A classic favourite

Old Bay Seasoning has changed its side-of-the-can crab cake recipe, but we dug up the orginal, which is served over roasted potato rounds

For many North Americans, there's no higher authority than the back of the box.

Food trend observer Phil Lempert thinks more producers should be taking advantage of that.

"Companies should be changing up their recipes on the back of packages," says Lempert, who is known as the Supermarket Guru. "So many consumers are bored with their food. They're trying new recipes."

Still, with customers often wildly loyal to old favourites, companies tend to proceed cautiously.

At McCormick & Co., Inc., the decision some years ago to change the side-of-the-can crab cake recipe on tins of Old Bay Seasoning came only after consumer testing in the Maryland area, crab central and Old Bay's No. 1 market, says Laurie Harrsen, director of consumer communications.

The big change was dropping baking powder and Worcestershire sauce and adding prepared mustard and more Old Bay Seasoning.

In an e-mail, Harrsen said the changes were made to improve the overall flavour of the crab cakes.

Seattle-based restaurateur and author of I Love Crab Cakes!, Tom Douglas, uses his own preparation rather than Old Bay when making crab cakes.

But he thought the change made sense.

"When I have crab cakes in crab cake country, I tend to think of them as very mustard-y and, of course, Old Bay-ish," he said.

If you are nostalgic for the original side-of-the-can crab cake recipe from Old Bay Seasoning, we've got you covered.

We reached back to the old favourite, still posted on the company website, and used that to create mini crab cakes that are served over roasted potato rounds and topped with a spicy, creamy remoulade.

THE ASSOCIATED PRESS

Preparation:

1. Heat oven to 200 C (400 F). Then, to make remoulade: In a bowl, whisk together mayonnaise, pepper jelly, capers, gherkins, parsely and Worcestershire sauce. Season with salt and pepper. Set aside.
2. Cut two ends off each potato, then cut each in half across the centre to create two rounds. Place in bowl and cover with hot water. Allow to rest for 10 minutes.
3. Remove potatoes from water and dry well. Place potatoes on a rimmed baking sheet and toss with oil, salt and pepper.
4. Arrange potatoes in an even layer on baking sheet, then roast for 15 minutes. Use a spatula to flip each round, then roast for another 15 minutes or until they are cripsy and browned on the outside and tender on the inside.
5. While potatoes cook, make crab cakes. Crumble stale bread into a medium bowl and add milk. All the bread should absorb all the milk. Add remaining crab cake ingredients and mix until incorporated.
6. Form mixture into 20 miniature patties, about the size of a tablespoon.
7. When potatoes are cooked, transfer them to paper towels to drain any excess oil. Carefully place crab cakes on hot pan and return to oven. Cook for 5 minutes, then turn on broiler. Brown crab cakes on one side, two minutes, flip crab cakes over and broil them until browned on the other side.
8. To serve, arrange potatoes on a platter. Top each one with a crab cake, then drop a small dallop of remoulade. Serve immediately. Makes 20 servings.

THE ASSOCIATED PRESS

Ingredients:

REMOULADE
- 50 ml (1/4 cup) mayonnaise
- 30 ml (2 tbsp) hot pepper jelly
- 50 ml (1 tsp) capers, chopped
- 15 ml (tbsp) chopped sweet gherkins
- 15 ml (1 tsbp) chopped fresh parsley
- 5 ml (1 tsp) Worcestershire sauce
- Salt and black pepper

POTATOES
- 10 baby red potatoes
- 30 ml (2 tbsp) vegetable oil
- Salt and ground black pepper, to taste

CRAB CAKES
- 2 slices stale bread, crusts removed
- 30 ml (2 tbsp) milk
- 15 ml (1 tbsp) mayonnaise
- 15 ml (1 tbps) Worcestershire sauce
- 15 ml (1 tbsp) chopped parsley
- 5 ml 1 tbsp) baking powder
- 5 ml (1 tbsp) Old Bay seasoning
- 1 egg, beaten
- 500 g (1 lb) lump crabmeat

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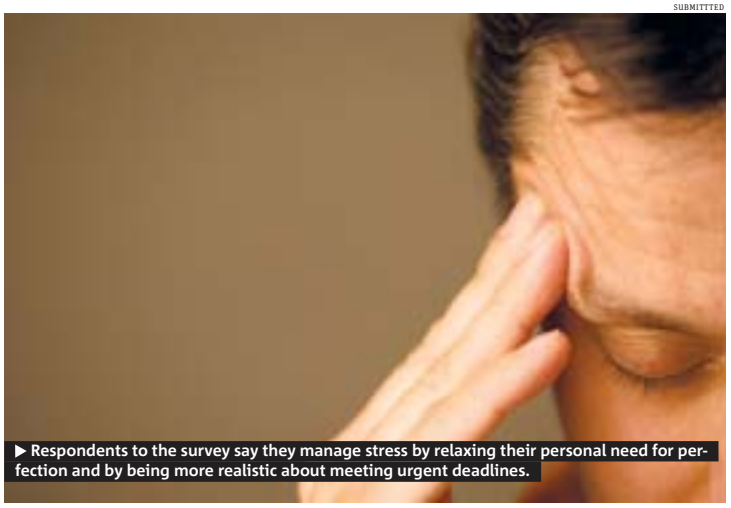
For those without a Metro the forecast calls for "I dunno," with a slight chance of "huhhhh?"
metro
News worth sharing.

SUBMITTED



▶ Respondents to the survey say they manage stress by relaxing their personal need for perfection and by being more realistic about meeting urgent deadlines.

Hello time bomb of stress

Only roughly a third of respondents of a new survey say their employer helps to reduce stress at work

Generally speaking, Canadian workers are feeling healthy and financially fit. But close to 30 per cent are feeling more work-related stress now than last year, according to the 2010 Desjardins Financial Security National Health Survey.

When prompted, survey participants said that their top stressors were an insufficient salary (30 per cent), work overload (27 per cent), a lack of recognition (22 per cent) and a negative work environment (22 per cent). Only 14 per cent named work-life imbalance as a source of stress.

"Similar to last year's survey results, we're seeing an expectations gap between employers and employees. Employees and employers are not struggling with the same work-related issues."
MICHELE NOWSKI, DIRECTOR OF DISABILITY MANAGEMENT, DESJARDINS FINANCIAL SECURITY

Others have also made personal lifestyle changes, which include managing personal priorities more effectively, adopting healthier eating habits and getting more rest.

"The good news from the survey is that employees are taking steps to improve their stress levels," said Michele Nowski, director of disability income claims and disability management with Desjardins Financial Security. "It's important to be good to yourself, which is the secret to managing your stress."

NEWS CANADA

FOUND

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Alone for the holidays?

Instead of feeling sorry for yourself, consider these tips to get you through

As you wave goodbye to roommates and their stuffed duffel bags, you can't help but feel a twinge of sadness as you realize you'll be all alone over the holidays, unable to get the time off work, or afford the flight home.

Consider these tips to get through the holidays:

Start a new project. If you ever wanted to learn to bake, knit, dance, draw, scrapbook, wrap a present properly, or fix a computer, borrow books from the library or use the Internet.

There are numerous how-to videos available online. Impress your friends and family by developing a new skill or showing off a finished product in the new year.

Throw a party. Visit the campus pub and befriend students who also weren't able to make it back home. Host a cultural potluck, having everyone bring a dish that represents their culture. You can decorate your dorm with streamers and a mini holiday tree.

Misery loves company, and you may find comfort in having others to talk to.

Share with others. Act on the needs of your community and your world. Volunteer at your local soup kitchen or food bank to help those in your neighbourhood who don't have anywhere else to go. Also remember to think internationally and help children in need around the world through an organization like Christian Children's Fund of Canada. You can purchase valuable, but inexpensive gifts like a mosquito net to protect against malaria, or a fruit tree to provide nourishment for an entire family.

NEWS CANADA

ISTOCK

▶ Not going home for the holidays? Instead of dwelling, make a list of everything you are thankful for.

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Sports in brief

Raptors recall first-rounder

NBA. The Toronto Raptors recalled first-round draft pick Ed Davis from the Erie BayHawks of the NBA Development League yesterday.

The six-foot-10, 225-pound forward is expected to rejoin the Raptors for practice today and be on the active roster for tomorrow's game against Washington.

THE CANADIAN PRESS

Palmeiro on HOF ballot

MLB. Suspected steroid users Rafael Palmeiro and Juan Gonzalez are on baseball's Hall of Fame ballot for the first time and join Bert Blyleven and former Blue Jay Roberto Alomar, both having fallen just short in last year's vote.

Larry Walker of Maple Ridge, B.C., Jeff Bagwell, and former Blue Jays Benito Santiago and Raul Mondesi also will be on the 33-man ballot.

THE ASSOCIATED PRESS

Canada to play Germany

SOCCER. Canada will be front and centre when the Women's World Cup kicks off next summer after being drawn to face host Germany, the two-time defending champion. The two will play June 26 in Berlin, the first of 32 scheduled matches.

THE CANADIAN PRESS

Kadri gets promotion

- In search of offence, struggling Maple Leafs move rookie to top line
- Rookie set to play at his natural position, between Kessel and MacArthur

LUCAS OLENIUK/TORSTAR NEWS SERVICE

▶ Nazem Kadri is slated to play centre tonight when the Buds take on the Lightning at the Air Canada Centre.

At the end of the Leafs' training camp, rookie Nazem Kadri was deemed unworthy of sticking with the franchise. Now, he's been installed as the club's No. 1 centre, charged with invigorating the club's franchise player.

In his eighth NHL game since his banishment to the Marlies was commuted, Kadri will line up as the top pivot with an inconsistent Phil Kessel to his right. Clarke MacArthur will skate on the left side against Tampa Bay tonight.

4

In his seven games with the Leafs this season, Kadri has yet to score but he does have four assists. Kessel with 10 goals and MacArthur with seven, have combined for more than one-third of Toronto's 48 goals.

Other than for a few shifts, Kadri has been playing on the wing in his seven big-league games this season, often on a line with centre Tyler Bozak and Kessel. But with Kessel mostly struggling — he has just three goals in his last 14 games — and Kadri in possession of impressive playmaking skills, coach Ron Wilson opted to move the 20-year-old to his natural position.

There, he will have the puck on his stick more often. And, the theory goes, get it to Kessel in scoring position more often. For a team with the third worst offence in the NHL, it couldn't hurt.

"(Kadri) seems to have played fine at the wing. Now the challenge is: Can he be creative offensively without being a real detriment defensively? I think he understands that and what his little challenge is right now," said Wilson.

MacArthur, a good goal scorer himself, is on the line because he is the most defensively responsible of the trio.

TORSTAR NEWS SERVICE

4 sports

Team Canada

Canada doesn't expect to overwhelm its opponents with skill at the upcoming world junior championship. "There's no superstars on the team," Hockey Canada head scout Kevin Prendergast said yesterday. "There's no Crosbys or any of those kind of players on this team." Prendergast unveiled the 39 players who will compete for a spot on the squad at next month's selection camp. The list included just three players who won silver at last year's tournament — defencemen Ryan Ellis, pictured, Jared Cowan and Calvin de Haan.

THE CANADIAN PRESS

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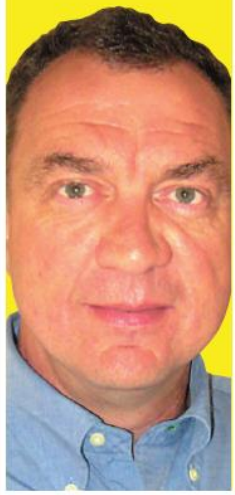
LEARNING A LESSON

CFL Extra Points

DAN TOTH



The Montreal Alouettes long ago learned a tough lesson that the Saskatchewan Roughriders are now also forced to endure.

After winning just one Grey Cup in five tries through the early part of this decade, the Als were considered failures. Despite always posting a winning record and being an annual contender for the Grey Cup, getting there just wasn't good enough.

The 2010 Grey Cup champs are now a legitimate CFL dynasty with back-to-back championships and three titles in the last decade, but getting the franchise to this stage was a long and painful growth process.

As for the Riders, who suffered another heartbreaking Grey Cup loss Sunday in Edmonton, that lesson the Als eventually learned is now staring the Roughies in the face. Getting to the big game is a significant accomplishment and certainly a point of pride for the faithful fans of Rider Nation, but winding up on the losing end — especially in back-to-back years — is a humiliating blow to the franchise. That cruel fate is what Anthony Calvillo and the Als endured a few years earlier when they capped successful seasons with losses in the Grey Cup or East final. Although Saskatchewan pulled off a championship in 2007, it will need to start turning Grey Cup appearances into Grey Cup rings to avoid the label of good team that can't win the big game.

RESURGENCE

The well-attended and profitable 2010 Grey Cup game in Edmonton underlines the amazing resurgence the CFL is enjoying. Edmonton sold more than 62,000 Grey Cup tickets before the season even began, TV ratings on TSN are at an all-time high, the on-field product is very entertaining, and the league is buoyed by strong corporate sponsorship. Next up is the return of the Ottawa franchise and the possibility that an expansion team will eventually set sail in Atlantic Canada. The league has never been stronger.

ADRIAN WYLD/THE CANADIAN PRESS

▶ Als QB Anthony Calvillo talks to the media Sunday.

Alouettes optimistic Calvillo will return

The Montreal Alouettes are optimistic that quarterback Anthony Calvillo will pull through his thyroid problem and return next season to help the team try for a third straight Grey Cup, general manager Jim Popp said yesterday.

Calvillo made the shock announcement after leading the team to a 21-18 victory over Saskatchewan in the Grey Cup game Sunday that he will need surgery to remove a lesion from his thyroid gland. Whether he plays an 18th CFL season in 2011 may depend on if doctors determine the lesion is cancerous or not, and on how recovery from the surgery goes.

"From our end, we wait patiently and hope for the best," Popp said as the Alouettes were preparing for a triumphant return that will include a parade in downtown Montreal tomorrow. "The doctors feel very optimistic."

Asked if he expected Calvillo to be back next season if all goes well, Popp said: "Based on what he's said, yes. But I'm not him."

Popp would not speculate on what the team will do if Calvillo cannot return, whether to make a deal for an experienced starter or go with the backups.

THE CANADIAN PRESS

Hat trick comes quick for 10-year-old

Three faceoffs at centre, three charges up the ice, three goals — all in 14 seconds.

An amazing feat at any level of hockey, even Atom A play in the Ontario Minor Hockey Association.

Brody Fitzgerald, 10, did just that Friday night, rallying his Cobourg Cougars to a 4-4 tie with the visiting Oshawa Minor Generals.

So impressed by the display were the Generals that they themselves put out word of Fitzgerald's goal rush in their post-game bulletin.

That's when Cougars coach Terry Fitzgerald — Brody's dad — finally realized just how fast it all had happened.

"We never put a lot of stock in it until Oshawa sent out that letter," he said yesterday from Cobourg.

"I knew it happened pretty quick but I didn't know it happened that quick.

"It was quite impressive. He's a smaller guy but he's pretty quick. We took him off the ice after that."

THE CANADIAN PRESS

NATIONAL HOCKEY LEAGUE STATISTICS

FROM THE CANADIAN PRESS

Not including yesterday's games

ANAHEIM

PLAYER	GP	G	A	PTS	+/-	PIM
Perry	25	11	15	26	2	35
Getzlaf	25	7	18	25	0	16
Ryan	25	12	10	22	7	35
Selanne	22	8	14	22	-2	14
Visnovsky	24	3	15	18	2	10
Koivu	25	9	5	14	-2	18
Fowler	19	1	10	11	-8	4
Blake	24	4	5	9	-3	8
Lydman	21	2	6	8	13	10
Sexton	10	1	2	3	-5	2
Parros	24	1	1	2	-3	56
Marchant	24	0	2	2	-11	6
Lilja	17	0	2	2	-3	6
Mara	24	1	0	1	-3	28
McMillan	3	1	0	1	0	0
Brookbank	18	0	0	0	-6	38
Bonino	13	0	0	0	-2	4
Chipchura	13	0	0	0	-2	10
Sbisa	11	0	0	0	-7	6
Green	11	0	0	0	-2	6
Voros	9	0	0	0	-4	23
Sutton	4	0	0	0	-5	14
Hiller	20	0	0	0	0	0
McElhinney	7	0	0	0	0	0

ATLANTA

PLAYER	GP	G	A	PTS	+/-	PIM
Byfuglien	24	9	16	25	4	29
Ladd	24	8	16	24	1	6
Enstrom	24	3	17	20	1	6
Kane	24	9	7	16	-7	23
Bergfors	21	6	10	16	0	2
Peverley	24	5	10	15	-3	18
Stewart	24	6	7	13	-1	10
Antropov	23	6	5	11	-9	8
Little	18	4	5	9	5	6
Burmistrov	24	3	6	9	5	16
Oduya	24	0	8	8	-6	6
Modin	15	4	2	6	-5	0
Eager	24	3	3	6	4	44
Thorburn	24	4	1	5	1	20
Slater	19	3	2	5	-2	6
Bogosian	18	1	2	3	-7	19
Boulton	18	1	2	3	5	17
Sopel	23	1	2	3	5	8
Hainsey	24	0	1	1	1	6
Dawes	6	0	0	0	-6	0
Meyer	5	0	0	0	-2	4
Welch	2	0	0	0	-1	0
Pavelec	14	0	0	0	0	0
Mason	13	0	0	0	0	2
Mannino	1	0	0	0	0	0

BOSTON

PLAYER	GP	G	A	PTS	+/-	PIM
Lucic	22	10	9	19	9	24
Horton	22	8	10	18	9	25
Recchi	22	4	11	15	3	9
Ryder	22	6	7	13	-5	6
Bergeron	22	3	10	13	6	8
Krejci	15	2	10	12	3	2
Chara	22	4	6	10	12	27
Wheeler	22	5	4	9	0	14
Seguin	22	4	4	8	-1	6
Marchand	22	4	5	8	-1	12
Caron	19	3	4	7	4	6
Seidenberg	22	0	7	7	2	15
Campbell	22	2	4	6	0	35
Thornton	22	4	1	5	2	34
Hunwick	22	2	3	5	9	9
Boychuk	12	0	3	3	3	2
Stuart	22	0	2	2	-3	23
Ference	22	0	2	2	12	23
McQuaid	10	0	1	1	0	21
Paille	9	0	1	1	-1	2
Arniel	1	0	0	0	-1	0
Thomas	15	0	1	1	0	0
Rask	8	0	0	0	0	0

BUFFALO

PLAYER	GP	G	A	PTS	+/-	PIM
Roy	25	9	15	24	2	10
Vanek	25	9	9	18	-7	10
Leopold	25	7	9	16	5	12
Connolly	22	5	8	13	-9	8
Ennis	25	5	6	11	2	8
Montador	25	3	8	11	16	23
Myers	25	5	3	8	-10	12
Stafford	14	4	4	8	-1	10
Grier	25	2	6	8	-1	6
McCormick	24	2	6	8	-1	56
Kaleta	24	3	3	6	1	29
Hecht	25	2	4	6	-4	10
Gaustad	25	1	5	6	1	43
Niedermayer	21	0	6	6	-2	10
Sekera	25	1	4	5	-2	8
Pominville	16	1	4	5	7	2
Gerbe	15	0	3	3	1	4
Butler	13	0	3	3	0	8
Morrisonn	19	0	1	1	-12	12
Rivet	14	0	1	1	-6	10
Adam	5	0	1	1	-1	2
Ellis	6	0	0	0	-1	0
Weber	5	0	0	0	-2	8
Stuart	3	0	0	0	1	2
Miller	16	0	0	0	0	0
Enroth	5	0	0	0	0	0
Lalime	5	0	0	0	0	0

CALGARY

PLAYER	GP	G	A	PTS	+/-	PIM
Tanguay	23	6	13	19	2	12
Iginla	23	9	9	18	-3	19
Bourque	21	11	6	17	-5	12
Morrison	23	4	11	15	2	6
Stajan	19	1	13	14	5	8
Glencross	22	7	4	11	2	25
Hagman	23	6	5	11	-6	18
Giordano	23	2	7	9	1	28
Babchuk	23	3	5	8	-3	14
Bouwmeester	23	2	6	8	7	14
Jokinen	20	2	6	8	-4	28
Backlund	23	3	2	5	5	6
Moss	12	2	3	5	1	0
Jackman	23	2	2	4	-5	45
Kostopoulos	23	1	3	4	-4	37
Sarich	17	0	4	4	3	23
Regehr	22	0	3	3	3	10
Conroy	17	2	0	2	-1	8
Staios	13	1	1	2	0	13
Mikkelson	18	0	2	2	-4	7
Meyer	16	0	2	2	0	17
Sutter	4	0	1	1	-2	7
Brodie	3	0	0	0	-3	2
Pardy	2	0	0	0	0	4
Ivanans	1	0	0	0	-1	5
Kiprusoff	20	0	0	0	0	0
Karlsson	4	0	0	0	0	0

CAROLINA

PLAYER	GP	G	A	PTS	+/-	PIM
Staal	23	11	16	27	-1	18
Skinner	23	7	12	19	-3	4
Jokinen	23	5	14	19	-5	10
Ruutu	23	5	10	15	-7	18
Pitkanen	21	2	12	14	5	18
LaRose	23	6	6	12	-4	18
Cole	23	5	6	11	4	6
Samsonov	19	5	6	11	2	8
Corvo	23	4	5	9	-3	6
Sutter	23	4	5	9	9	4
White	21	2	7	9	-10	8
Dwyer	23	5	3	8	3	6
Gleason	23	3	5	8	-4	18
McBain	23	0	5	5	4	10
Carter	21	1	2	3	-6	22
Harrison	23	0	3	3	-1	22
Matsumoto	10	2	0	2	-2	4
Tlusty	14	1	1	2	0	4
Bodie	13	0	1	1	0	2
Dalpe	7	0	1	1	0	0
Bowman	8	0	0	0	1	6
Carson	3	0	0	0	2	2
Ward	19	0	0	0	0	0
Peters	6	0	0	0	0	0

CHICAGO

PLAYER	GP	G	A	PTS	+/-	PIM
Sharp	25	15	12	27	-6	8
Kane	25	9	15	24	-4	8
Toews	26	9	10	19	7	8
Hossa	21	8	10	18	4	14
Keith	26	2	13	15	-4	8
Brouwer	26	4	9	13	1	14
Seabrook	26	3	9	12	3	12
Kopecky	25	2	9	11	-9	26
Stalberg	25	6	4	10	-3	12
Dowell	26	4	6	10	8	26
Bickell	23	4	6	10	2	15
Skille	25	3	7	10	-1	8
Pisani	25	4	3	7	-2	8
Bolland	20	1	4	5	3	16
Campbell	13	1	4	5	10	8
Boynton	24	0	5	5	0	21
Cullimore	20	0	3	3	-6	2
Hjalmarsson	24	1	1	2	-3	19
Leddy	6	1	0	1	-1	0
Scott	17	0	0	0	1	21
Hendry	11	0	0	0	-2	0
Smith	3	0	0	0	-2	0
Potulny	2	0	0	0	-1	0
Morin	2	0	0	0	0	0
Brophey	1	0	0	0	0	0
Pirri	1	0	0	0	-1	0
Turco	18	0	0	0	0	6
Crawford	9	0	0	0	0	0

COLORADO

PLAYER	GP	G	A	PTS	+/-	PIM
Hejduk	23	8	18	26	-3	12
Stewart	23	11	14	25	-2	36
Liles	23	4	19	23	10	13
Stastny	23	9	13	22	-4	20
Duchene	23	6	15	21	9	21
Jones	20	10	5	15	3	8
Tip	21	5	5	10	1	23
Shattenkirk	12	4	6	10	2	4
Winnik	23	5	3	8	-2	12
Mauldin	9	3	4	7	5	2
O'Reilly	23	1	6	7	4	2
Porter	17	5	1	6	3	10
Galiardi	14	3	3	6	2	8
Hannan	23	0	6	6	1	6
Dupuis	21	2	3	5	2	11
Cumiskey	11	1	4	5	0	8
Wilson	18	1	3	4	2	6
McLeod	23	2	2	4	-3	90
Foote	12	0	3	3	-1	7
Gulik	5	1	1	2	3	2
Holos	12	0	2	2	3	2
O'Byrne	12	0	2	2	4	15
Olver	4	0	2	2	1	2
Liffiton	4	1	0	1	3	17
Quincey	15	0	0	0	-2	12
Cohen	3	0	0	0	-1	4
Budaj	15	0	0	0	0	0
Anderson	9	0	0	0	0	2

COLUMBUS

PLAYER	GP	G	A	PTS	+/-	PIM
Brassard	22	5	12	18	7	8
Nash	21	13	4	17	-2	8
Umberger	22	8	9	17	8	24
Voracek	22	5	10	15	-2	6
Vermette	22	5	6	11	4	16
Clark	20	4	7	11	3	13
Methot	19	0	10	10	11	8
Wilson	15	4	5	9	3	8
Dorsett	21	2	5	7	-1	51
Filatov	20	0	7	7	3	8
Pahlsson	22	1	5	6	-1	10
Stralman	18	0	6	6	5	12
Huselius	7	3	2	5	-2	4
MacKenzie	19	2	3	5	5	2
Boll	16	2	3	5	3	42
Klesla	22	1	4	5	16	10
Commodore	9	2	2	4	-1	2
Hejda	20	1	2	3	4	12
Murray	8	1	2	3	2	0
Tyutin	22	0	3	3	0	10
Russell	15	0	3	3	-1	8
Moreau	5	1	0	1	0	2
Holden	5	0	0	0	0	0
Guenin	3	0	0	0	-3	2
Blunden	1	0	0	0	-1	0
Mason	15	0	0	0	0	0
Garon	8	0	0	0	0	0

DALLAS

PLAYER	GP	G	A	PTS	+/-	PIM
Richards	22	11	17	28	9	20
Eriksson	22	10	14	24	12	2
Ribeiro	22	3	17	20	0	0
Neal	22	8	11	19	10	25
Morrow	22	9	5	14	0	21
Benn	19	5	8	13	-3	17
Robidas	21	3	9	11	7	31
Ott	22	4	4	8	-5	38
Daley	22	2	5	7	3	4
Segal	19	2	1	3	-2	13
Niskanen	22	0	3	3	2	17
Burish	22	1	0	1	-2	38
Wandell	21	2	0	2	0	4
Petersen	22	1	1	2	-3	4
Sutherby	16	1	1	2	-3	26
Grossman	22	0	2	2	2	25
Skrastins	22	0	2	2	3	12
Fistric	16	0	1	1	-4	2
Woywitka	6	0	1	1	2	0
Larsen	1	0	1	1	-2	0
Barch	12	0	0	0	-4	17
Gagnon	1	0	0	0	0	0
Lehtonen	19	0	0	0	0	2
Raycroft	4	0	0	0	0	0

DETROIT

PLAYER	GP	G	A	PTS	+/-	PIM
Datsyuk	21	7	17	24	4	9
Zetterberg	21	7	13	20	5	10
Lidstrom	21	3	17	20	4	8
Bertuzzi	21	4	14	18	11	18
Franzen	20	10	6	16	3	12
Cleary	21	10	5	15	2	12
Filppula	21	6	6	12	6	10
Kronwall	21	5	6	11	6	10
Holmstrom	21	6	4	10	-2	22
Stuart	21	2	8	10	11	24
Rafalski	11	0	10	10	3	12
Modano	20	2	6	8	-3	6
Abdelkader	13	3	4	7	8	17
Helm	21	2	4	6	4	2
Hudler	18	1	5	6	-5	6
Eaves	17	1	5	6	2	4
Salei	21	0	5	5	3	26
Miller	16	1	3	4	-2	0
Ericsson	13	1	0	1	3	21
Kindl	11	0	0	0	-3	12
Janik	7	0	0	0	-2	7
Howard	17	0	0	0	0	2
Osgood	4	0	0	0	0	0
MacDonald	1	0	0	0	0	0

EDMONTON

PLAYER	GP	G	A	PTS	+/-	PIM
Whitney	22	0	18	18	-1	25
Hemsky	20	6	9	15	3	4
Eberle	22	4	10	14	-5	4
Penner	22	7	6	13	-5	22
Horcoff	19	7	6	13	0	10
Gagner	22	7	6	13	-4	6
Hall	22	5	6	11	-6	6
Foster	21	2	6	8	-6	16
Gilbert	22	3	4	7	-7	16
Jones	22	4	2	6	-5	11
Paajarvi	21	2	4	6	-4	6
Cogliano	22	2	3	5	-10	25
Peckham	19	1	4	5	2	56
Brule	21	3	1	4	-8	25
Fraser	22	2	1	3	0	40
Vandermeer	17	1	2	3	-4	14
Smid	18	0	3	3	-5	20
Stortini	15	0	2	2	0	36
Strudwick	11	0	0	0	-9	7
Jacques	6	0	0	0	-1	0
MacIntyre	6	0	0	0	0	17
Belle	4	0	0	0	-1	0
Khabibulin	15	0	0	0	0	0
Gerber	1	0	1	1	0	0
Dubnyk	8	0	0	0	0	0

FLORIDA

PLAYER	GP	G	A	PTS	+/-	PIM
Frolik	21	4	9	13	7	6
Booth	22	5	7	12	-6	10
Reasoner	22	2	7	9	2	2
McCabe	22	2	9	11	-3	20
Wideman	22	2	9	11	-4	13
Dvorak	22	5	5	10	3	8
Weiss	21	5	5	10	-2	14
Santorelli	22	6	3	9	-1	2
Olesz	17	2	7	9	0	2
Matthias	20	4	4	8	2	2
Stillman	20	3	5	8	4	10
Reinprecht	17	4	2	6	0	6
Higgins	22	3	3	6	1	2
Allen	19	2	4	6	2	19
Weaver	22	1	4	5	0	8
Kulikov	22	1	3	4	2	6
Bernier	14	1	3	4	-4	6
Ellerby	10	0	3	3	6	4
Garrison	13	1	1	2	-2	2
Hordichuk	15	1	0	1	2	2
Repik	6	0	1	1	0	4
Thomas	2	0	1	1	1	0
Callahan	2	0	0	0	0	0
McArdle	1	0	0	0	0	0
Vokoun	18	0	0	0	0	0
Clemmensen	8	0	0	0	0	0

LOS ANGELES

PLAYER	GP	G	A	PTS	+/-	PIM
Williams	22	9	13	22	5	15
Kopitar	22	8	13	21	2	4
Stoll	22	7	10	17	7	12
Johnson	22	1	14	15	-6	18
Brown	22	9	5	14	8	33
Smyth	22	7	7	14	1	14
Handzus	22	4	4	8	-2	10
Simmonds	22	4	3	7	-1	33
Doughty	16	1	6	7	5	16
Richardson	22	4	2	6	-1	8
Mitchell	13	1	4	5	3	6
Scuderi	22	0	5	5	7	8
Drewiske	22	0	5	5	-2	13
Ponikarovsky	13	2	2	4	2	10
Parse	5	1	3	4	5	0
Loktionov	7	1	2	3	-1	2
Lewis	12	0	2	2	-4	6
Harrold	9	0	2	2	-1	2
Schenn	8	0	2	2	-1	0
Martinez	2	1	0	1	-2	0
Westgarth	18	0	1	1	-5	37
Muzzin	11	0	1	1	-4	4
Clifford	18	0	0	0	-9	12
Greene	16	0	0	0	-1	34
King	6	0	0	0	-2	2
Quick	15	0	0	0	0	0
Bernier	7	0	0	0	0	0

MINNESOTA

PLAYER	GP	G	A	PTS	+/-	PIM
Havlat	22	5	17	22	3	27
Koivu	22	4	14	18	3	20
Cullen	22	5	12	17	-2	12
Burns	20	6	6	12	-5	33
Miettinen	17	6	6	12	-4	4
Zidlicky	16	3	9	12	2	16
Brunette	22	4	7	11	-4	4
Clutterbuck	22	7	2	9	-2	16
Madden	22	4	3	7	-9	2
Schultz	22	2	5	7	-2	38
Brodziak	22	4	2	6	4	13
Latendresse	8	3	3	6	3	8
O'Sullivan	13	2	1	3	8	20
Barker	18	0	3	3	-8	8
Nystrom	22	1	1	2	-8	15
Falk	18	0	2	2	-1	6
Stoner	11	0	2	2	0	22
Kobasew	11	1	0	1	-1	6
Zanon	22	0	1	1	0	16
Staubitz	21	0	1	1	-3	38
Wellman	12	0	1	1	-1	4
Scandella	5	0	1	1	-2	2
Earl	6	0	0	0	-3	0
Almond	4	0	0	0	-1	0
Kassian	3	0	0	0	-1	12
Gillies	3	0	0	0	0	0
Backstrom	17	0	0	0	0	0
Theodore	6	0	0	0	0	0

MONTREAL

PLAYER	GP	G	A	PTS	+/-	PIM
Plekanec	23	8	15	23	6	18
Kostitsyn	24	5	7	12	5	12
Gionta	24	7	8	15	1	6
Cammalleri	23	7	8	15	9	18
Halpern	24	5	8	13	8	11
Pouliot	24	5	7	12	5	12
Subban	24	1	8	9	2	34
Spacek	24	1	8	9	4	14
Hamrlik	22	1	8	9	5	18
Gomez	24	2	5	7	0	6
Gorges	24	1	6	7	-1	12
Darche	18	3	3	6	7	5
Lapierre	24	4	1	5	-3	59
Moen	24	2	3	5	2	37
Markov	7	1	2	3	2	4
Eller	23	1	1	2	-2	14
Picard	16	1	1	2	8	2
Boyd	9	1	0	1	-3	2
Gill	24	0	1	1	-5	17
Pyatt	22	0	1	1	-3	2
Weber	2	0	0	0	0	0
Price	22	0	1	1	0	0
Auld	2	0	0	0	0	0

NASHVILLE

PLAYER	GP	G	A	PTS	+/-	PIM
O'Reilly	22	4	9	13	1	0
Sullivan	22	6	5	11	3	18
Hornqvist	22	5	6	11	-3	10
Goc	16	5	5	10	4	0
Franson	22	4	4	8	4	10
Dumont	22	3	5	8	5	12
Wilson	22	3	5	8	2	0
Weber	22	2	6	8	-6	22
Tootoo	21	2	6	8	2	39
Legwand	17	2	6	8	-3	2
Bouillon	21	1	7	8	-1	18
Ward	22	2	5	7	-5	14
Erat	15	2	4	6	0	12
Klein	21	1	5	6	1	13
Suter	11	0	5	5	2	8
O'Brien	22	2	1	3	-6	20
Smithson	22	2	1	3	-5	6
Kostitsyn	18	2	1	3	-7	4
Spaling	15	2	1	3	-5	6
Sulzer	12	0	0	0	-3	4
Belak	4	0	0	0	-1	0
Lombardi	2	0	0	0	-1	0
Laakso	1	0	0	0	0	0
Klasen	1	0	0	0	-1	0
Rinne	17	0	0	0	0	6
Lindback	8	0	0	0	0	0

NEW JERSEY

PLAYER	GP	G	A	PTS	+/-	PIM
Elias	23	3	11	14	-5	2
Arnott	24	8	4	12	-7	14
Kovalchuk	23	4	6	10	-11	13
Zubrus	24	3	7	10	-8	18
Greene	24	1	9	10	-13	4
Langenbrunner	16	3	6	9	-6	8
Zajac	24	2	7	9	1	10
Clarkson	24	4	3	7	-7	53
Parise	12	3	3	6	-1	6
Tedenby	9	3	3	6	3	6
Taormina	17	3	2	5	-2	2
Vasyunov	15	1	4	5	2	0
Tallinder	24	1	3	4	-10	12
Corrente	11	0	4	4	1	35
Rolston	10	1	2	3	-1	4
Mair	21	1	0	1	-4	23
Mills	4	1	0	1	1	5
Pelley	24	0	1	1	-5	17
White	23	0	0	0	2	22
Magnan	16	0	0	0	-3	4
Volchenkov	16	0	0	0	-4	6
Gionta	10	0	0	0	-3	6
Sestito	9	0	0	0	-1	0
Urbom	7	0	0	0	-3	0
Josefson	6	0	0	0	-2	2
Eckford	4	0	0	0	-1	0
Fayne	4	0	0	0	-1	0
Fraser	4	0	0	0	0	9
Letourneau-Leblond	2	0	0	0	-2	21
Hedberg	10	0	0	0	0	0
Brodeur	17	0	0	0	0	0
McKenna	3	0	0	0	0	0

N.Y. ISLANDERS

PLAYER	GP	G	A	PTS	+/-	PIM
Wisniewski	20	2	14	16	-16	16
Moulson	22	8	5	13	-8	2
Tavares	19	8	4	12	-14	10
Nielsen	22	2	10	12	-1	12
Parenteau	21	4	7	11	-6	6
Comeau	22	4	7	11	-7	12
Weight	18	2	7	9	-3	10
Grabner	18	5	3	8	-2	2
Bailey	18	3	3	6	-5	12
Hunter	17	1	3	4	-3

NHL

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Washington	25	17	6	1	1	86	68	36	12-1-0-1	5-5-1-0	6-2-1-1	W3
d-Philadelphia	25	15	6	2	2	87	61	34	9-4-0-1	6-2-2-1	6-2-0-2	L2
d-Montreal	24	15	8	1	0	60	47	31	9-4-1-0	6-4-0-0	7-3-0-0	W1
Pittsburgh	26	16	8	2	0	79	62	34	7-5-1-0	9-3-1-0	9-0-1-0	W7
Tampa Bay	24	13	8	2	1	73	78	29	6-2-1-1	7-6-1-0	5-4-0-1	L2
NY Rangers	26	14	11	1	0	74	69	29	5-7-1-0	9-4-0-0	6-4-0-0	L1
Atlanta	24	12	9	1	2	80	75	27	8-5-0-1	4-4-1-1	6-4-0-0	W5
Boston	22	12	8	0	2	59	46	26	4-5-0-2	8-3-0-0	4-5-0-1	L2
Carolina	24	10	11	0	3	71	78	23	5-5-0-1	5-6-0-2	3-4-0-3	L2
Ottawa	25	11	13	1	0	58	75	23	7-6-0-0	4-7-1-0	3-7-0-0	L1
Buffalo	25	9	13	3	0	62	73	21	4-8-1-0	5-5-1-0	5-4-1-0	L1
Florida	22	10	12	0	0	57	57	20	5-5-0-0	5-7-0-0	5-5-0-0	W1
Toronto	22	8	11	1	2	48	61	19	6-4-1-1	2-7-0-1	3-6-0-1	L2
New Jersey	24	8	14	1	1	45	69	18	4-5-1-1	4-9-0-0	4-5-0-1	W1
NY Islanders	22	5	12	3	2	49	75	15	3-4-1-1	2-8-2-1	1-7-1-1	W1

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Detroit	21	15	4	1	1	73	56	32	10-1-1-1	5-3-0-0	7-2-1-0	W2
d-Dallas	23	14	8	0	1	68	62	29	8-3-0-1	6-5-0-0	6-3-0-1	W4
d-Vancouver	22	12	7	1	2	68	59	27	8-2-0-1	4-5-1-1	5-4-1-0	W2
Columbus	22	14	8	0	0	62	53	28	6-6-0-0	8-2-0-0	6-4-0-0	L2
Chicago	26	13	11	1	1	79	74	28	5-7-0-0	8-4-1-1	5-4-0-1	W2
St. Louis	22	12	7	1	2	57	57	27	8-1-0-1	4-6-1-1	4-5-0-1	L2
Phoenix	22	11	6	4	1	66	65	27	5-3-2-1	6-3-2-0	7-1-1-1	L1
Colorado	23	13	9	1	0	83	71	27	7-4-0-0	5-6-1-0	5-5-0-0	W1
Los Angeles	22	13	9	0	0	63	55	26	8-2-0-0	5-7-0-0	4-6-0-0	L3
San Jose	22	11	7	4	0	65	63	26	7-3-2-0	4-4-2-0	5-2-3-0	W1
Anaheim	25	11	11	2	1	64	77	25	7-4-0-1	4-7-2-0	4-4-2-0	W1
Minnesota	22	11	9	0	2	56	62	24	7-5-0-1	4-4-0-1	5-5-0-0	L1
Nashville	22	9	8	3	2	51	60	23	3-1-3-2	6-7-0-0	4-4-0-2	L4
Calgary	23	9	12	1	1	64	69	20	5-5-0-0	4-7-1-1	3-5-1-1	L1
Edmonton	23	7	12	1	3	59	89	18	3-6-0-1	4-6-1-2	3-5-1-1	W1

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results
Pittsburgh 3 N.Y. Rangers 1
Dallas 4 Carolina 1
Edmonton 4 Ottawa 1
Minnesota at Calgary
Los Angeles at Anaheim
Sunday's results
Atlanta 4 Boston 1
Detroit 4 Columbus 2
Washington 3 Carolina 2 (SO)
Tonight's games
(All times Eastern)
Tampa Bay at Toronto, 7 p.m.
Phoenix at Nashville, 8 p.m.
St. Louis at Chicago, 8:30 p.m.
Atlanta at Colorado, 9:30 p.m.
Detroit at San Jose, 10:30 p.m.

OILERS 4, SENATORS 1

First Period
1. Ottawa, Foligno 1 (Neil) 6:30
Penalties — Whitney Edm (high-sticking) 3:22, Gagner Edm (tripping) 7:11, Horcoff Edm (hooking) 17:29.
Second Period
2. Edmonton, Gilbert 4 (Gagner) 18:39 (pp)
Penalties — Winchester Ott (high-sticking) 3:29, Regin Ott (delay of game) 8:55, Winchester Ott (hooking) 13:14, Neil Ott (tripping) 17:06.
Third Period
3. Edmonton, Cogliano 3 (Brule, Penner) 4:19
4. Edmonton, Brule 4 (Cogliano, Penner) 12:48
5. Edmonton, Hall 6 (Horcoff, Eberle) 18:05 (en)
Penalty — Foligno Ott (boarding) 5:02.
Shots

Edmonton	7	10	8	25
Ottawa	11	5	7	23

Goal — Edmonton: Gerber (W,2-0-0); Ottawa: Elliott (L,10-8-0). **Power plays (goals-chances)** — Edmonton: 1-5; Ottawa: 0-3.
Att. — 17,002 (19,153) at Ottawa.

SCORING LEADERS

	G	A	PT
Crosby, Pgh	18	22	40
Stamkos, TB	21	18	39
Ovechkin, Wash	10	22	32
Semin, Wash	18	12	30
St. Louis, TB	8	21	29
B.Richards, Dal	11	17	28
Sharp, Chi	15	12	27
D.Sedin, Vcr	13	14	27
E.Staal, Car	11	16	27
Backstrom, Wash	9	18	27
H.Sedin, Vcr	2	25	27
Perry, Ana	11	15	26
Hejduk, Col	8	18	26
C.Stewart, Col	11	14	25
Byfuglien, Atl	9	16	25
M.Richards, Pha	9	16	25
Getzlaf, Ana	7	18	25
Heatley, SJ	11	13	24
Eriksson, Dal	10	14	24
P.Kane, Chi	9	15	24
Roy, Buf	9	15	24
Ladd, Atl	8	16	24
Datsyuk, Det	7	17	24
Giroux, Pha	12	11	23
Plekanec, Mtl	8	15	23
Letang, Pgh	5	18	23
Liles, Col	4	19	23
Ryan, Ana	12	10	22
P.Stastny, Col	9	13	22
J.Williams, LA	9	13	22
Selanne, Ana	8	14	22
J.Thornton, SJ	6	16	22
Havlat, Minn	5	17	22
Marleau, SJ	10	11	21
Kopitar, LA	8	13	21
Malkin, Pgh	7	14	21
Duchene, Col	6	15	21
Dubinsky, NYR	12	8	20
Zetterberg, Det	7	13	20
Enstrom, Atl	3	17	20
Lidstrom, Det	3	17	20
Ribeiro, Dal	3	17	20
J.Carter, Pha	11	8	19
Lucic, Bos	10	9	19
Toews, Chi	9	10	19
Neal, Dal	8	11	19
Pavelski, SJ	8	11	19
Callahan, NYR	7	12	19
Skinner, Car	7	12	19
Tanguay, Cal	6	13	19
J.Jokinen, Car	5	14	19
Leino, Pha	5	14	19
Briere, Pha	12	6	18
Iginla, Cal	9	9	18
Kostitsyn, Mtl	9	9	18
Vanek, Buf	9	9	18
Alfredsson, Ott	8	10	18
Horton, Bos	8	10	18
Hossa, Chi	8	10	18
MacArthur, Tor	7	11	18
Brassard, Clb	6	12	18

Not including last night's games

TRANSACTIONS

BASEBALL

MLB

AMERICAN LEAGUE
CLEVELAND INDIANS — Agreed to terms with C Luke Carlin on a minor league contract.
DETROIT TIGERS — Designated RHP Zach Miner for assignment.
NATIONAL LEAGUE
WASHINGTON NATIONALS — Named Bob Schaefer special assistant to the general manager.

HOCKEY

NHL

MINNESOTA WILD — Recalled F Matt Kassian from Houston (AHL). Reassigned F Robbie Earl to Houston.

SOCCER

SPAIN

LA LIGA

Yesterday's result
Barcelona 5 Real Madrid 0

TENNIS

ATP WORLD TOUR

MONEY LEADERS
Final

1. Rafael Nadal	$8,571,998
2. Roger Federer	$6,698,289
3. Novak Djokovic	$3,778,857
4. Andy Murray	$3,546,805
5. Robin Soderling	$3,331,527
6. David Ferrer	$2,318,353
7. Tomas Berdych	$2,249,122
8. Andy Roddick	$1,917,612
9. Jurgen Melzer	$1,887,084
10. Fernando Verdasco	$1,771,365
11. Mikhail Youzhny	$1,725,349
12. Gael Monfils	$1,303,546
13. Sam Querrey	$1,252,096
14. Ivan Ljubicic	$1,251,619
15. Nicolas Almagro	$1,205,538
16. Jo-Wilfried Tsonga	$1,166,151
17. Marin Cilic	$1,151,955
18. Bob Bryan	$1,143,970
18. Mike Bryan	$1,143,970
20. John Isner	$1,066,839
Also	
26. Daniel Nestor	**$905,429**
198. Milos Raonic	**$95,774**
221. Peter Polansky	**$78,491**
280. Frank Dancevic	**$52,996**

WTA TOUR

MONEY LEADERS
Final

1. Kim Clijsters	$5,035,060
2. Caroline Wozniacki	$4,446,488
3. Serena Williams	$4,266,011
4. Vera Zvonareva	$3,444,641
5. Venus Williams	$2,614,782
6. Francesca Schiavone	$2,456,634
7. Jelena Jankovic	$2,136,991
8. Sam Stosur	$2,090,340
9. Elena Dementieva	$1,896,690
10. Victoria Azarenka	$1,652,028
11. Justine Henin	$1,401,960
12. Flavia Pennetta	$1,357,078
13. Svetlana Kuznetsova	$1,345,564
14. Aravane Rezai	$1,282,538
15. Li Na	$1,158,898
16. Agnieszka Radwanska	$1,144,750
17. Shahar Peer	$1,122,052
18. Nadia Petrova	$1,090,595
19. Gisela Dulko	$1,054,620
20. Yaroslava Shvedova	$984,037
Also	
85. Aleksandra Wozniak	**$199,811**
150. Stephanie Dubois	**$90,780**
152. Rebecca Marino	**$86,183**
198. Heidi El Tabakh	**$51,949**

NBA

EASTERN CONFERENCE

ATLANTIC DIVISION

	W	L	Pct	GB
Boston	12	4	.750	—
New York	9	9	.500	4
New Jersey	6	11	.353	6½
Toronto	6	11	.353	6½
Philadelphia	4	13	.235	8½

SOUTHEAST DIVISION

	W	L	Pct	GB
Orlando	12	4	.750	—
Atlanta	11	7	.611	2
Miami	9	8	.529	3½
Charlotte	6	11	.353	6½
Washington	5	10	.333	6½

CENTRAL DIVISION

	W	L	Pct	GB
Chicago	9	6	.600	—
Indiana	8	7	.533	1
Cleveland	7	9	.438	2½
Milwaukee	6	10	.375	3½
Detroit	6	11	.353	4

WESTERN CONFERENCE

SOUTHWEST DIVISION

	W	L	Pct	GB
San Antonio	14	2	.875	—
Dallas	12	4	.750	2
New Orleans	12	4	.750	2
Memphis	7	10	.412	7½
Houston	5	11	.313	9

NORTHWEST DIVISION

	W	L	Pct	GB
Utah	13	5	.722	—
Oklahoma City	11	6	.647	1½
Denver	10	6	.625	2
Portland	8	8	.500	4
Minnesota	4	13	.235	8½

PACIFIC DIVISION

	W	L	Pct	GB
L.A. Lakers	13	4	.765	—
Golden State	8	9	.471	5
Phoenix	8	9	.471	5
Sacramento	4	11	.267	8
L.A. Clippers	3	15	.167	10½

Last night's results
Washington at Miami
New Orleans at Oklahoma City
Houston at Dallas
Milwaukee at Utah
Tonight's games
(All times Eastern)
Boston at Cleveland, 7 p.m.
Detroit at Orlando, 7 p.m.
Portland at Philadelphia, 7 p.m.
New Jersey at New York, 7:30 p.m.
L.A. Lakers at Memphis, 8 p.m.
Indiana at Sacramento, 10 p.m.
San Antonio at Golden State, 10:30 p.m.

SCORING AVERAGE

	G	FG	FT	PTS	AVG
Durant, OKC	15	135	118	411	27.4
Rose, CHI	14	144	66	372	26.6
Bryant, LAL	17	152	121	451	26.5
Nowitzki, DAL	16	155	94	417	26.1
Ellis, GOL	17	161	78	424	24.9
Gordon, LAC	16	126	117	388	24.3
Westbrook, OKC	17	129	142	404	23.8
Anthony, DEN	16	135	98	380	23.8
Stoudemire, NYK	18	151	115	422	23.4
James, MIA	17	127	127	397	23.4
Martin, HOU	16	105	123	368	23.0
Howard, ORL	16	125	112	362	22.6
Williams, UTA	18	129	109	395	21.9
Granger, IND	15	115	56	326	21.7
Beasley, MIN	16	138	53	345	21.6
Ginobili, SAN	16	109	82	345	21.6
Gay, MEM	17	143	56	366	21.5
Gasol, LAL	17	144	77	365	21.5
Wade, MIA	16	113	103	341	21.3
Richardson, PHX	17	137	34	357	21.0
Scola, HOU	16	135	65	335	20.9
Bargnani, TOR	17	130	72	353	20.8
Griffin, LAC	18	140	83	363	20.2
Curry, GOL	15	110	58	301	20.1
Pierce, BOS	16	113	68	315	19.7
Deng, CHI	15	102	64	289	19.3
Love, MIN	17	110	87	323	19.0
Millsap, UTA	18	137	63	341	18.9
Nash, PHX	15	101	65	283	18.9

Not including last night's games

CFL

98TH GREY CUP

WEEK 22

Sunday's result
At Edmonton
Montreal 21 Saskatchewan 18

LATE SUNDAY

ALOUETTES 21, ROUGHRIDERS 18

First Quarter
Mtl — TD Cobourne 3 run (Duval Convert) 4:39
Mtl — Single Duval 43 10:54
Sask — TD Cates 1 run (Kean convert) 15:00
Second Quarter
Sask — FG Kean 27 3:10
Sask — Single Johnson 53 14:00
Third Quarter
Mtl — FG Duval 22 9:26
Fourth Quarter
Mtl — FG Duval 42 1:37
Mtl — TD Cobourne 2 run (Duval convert) 7:14
Sask — TD Parenteau 1 pass from Durant (Kean convert) 11:32

Montreal	**8**	**0**	**3**	**10**	**21**
Saskatchewan	**7**	**4**	**0**	**7**	**18**

Att. — 63,317 at Edmonton.
TEAM STAITSTICS

	Mtl	Sask
First downs	27	16
Yards rushing	116	90
Yards passing	336	215
Total offence	452	305
Team losses	17	7
Net offence	435	298
Passes made-tried	29-42	18-31
Return yards	125	78
Intercepts-yards by	1-3	0-0
Fumbles-lost	0-0	0-0
Sacks by	1	3
Punts-average	7-32.4	10-42.1
Penalties-yards	8-90	8-80
Time of possession	36:19	23:41

Net offence is yards passing, plus yards rushing, minus team losses such as yards lost on broken plays.
INDIVIDUAL STATISTICS
Rushing: Mtl — Cobourne 15-67, Calvillo 2-16, Deslauriers 1-10, Bratton 1-9, Watkins 1-7, McPherson 3-7; Sask — Cates 19-83, Durant 1-8, Dressler 1-(minus 1).
Receiving: Mtl — Richardson 8-109, Green 9-102, Carter 2-42, Cahoon 3-34, Watkins 2-19, Bratton 2-15, Cobourne 3-15; Sask — Fantuz 4-66, Koch 4-57, Clermont 2-40, Getzlaf 2-22, Cates 2-18, Dressler 2-11, Parenteau 1-1.
Passing: Mtl — Calvillo 29-42, 336 yards, 0 TDs, 0 ints; Sask — Durant 18-31-215-1-1.

GREY CUP CHAMPIONS

2010 — Montreal Alouettes
2009 — Montreal Alouettes
2008 — Calgary Stampeders
2007 — Saskatchewan Roughriders
2006 — British Columbia Lions
2005 — Edmonton Eskimos
2004 — Toronto Argonauts
2003 — Edmonton Eskimos
2002 — Montreal Alouettes
2001 — Calgary Stampeders
2000 — British Columbia Lions

MOST VALUABLE PLAYERS

2010 - MVP: Jamel Richardson, SB, Montreal; Canadian MVP: Keith Shologan, DT, Saskatchewan.
2009 - MVP: Avon Cobourne, RB, Montreal; Canadian MVP: Ben Cahoon, SB, Montreal.
2008 - MVP: Henry Burris, QB, Calgary; Canadian MVP: Sandro DeAngelis, K, Calgary.
2007 - MVP: James Johnson, CB, Saskatchewan; Canadian MVP: Andy Fantuz, SB, Saskatchewan.
2006 - MVP: Dave Dickenson, QB, B.C.; Canadian MVP: Paul McCallum, K, B.C.
2005 - MVP: Ricky Ray, QB, Edmonton; Canadian MVP: Mike Maurer, FB, Edmonton.
2004 - MVP: Damon Allen, QB, Toronto; Canadian MVP: Jason Clermont, SB, B.C.
2003 - MVP: Jason Tucker, WR, Edmonton; Canadian MVP: Ben Cahoon, WR, Montreal.
2002 - MVP: Anthony Calvillo, QB, Montreal; Canadian MVP: Pat Woodcock, WR, Montreal.

NFL

AMERICAN CONFERENCE

EAST

	W	L	T	Pct	PF	PA
New England	9	2	0	.818	334	266
N.Y. Jets	9	2	0	.818	264	187
Miami	6	5	0	.545	205	225
Buffalo	2	9	0	.182	229	295

SOUTH

	W	L	T	Pct	PF	PA
Indianapolis	6	5	0	.545	282	252
Jacksonville	6	5	0	.545	240	294
Houston	5	6	0	.455	264	287
Tennessee	5	6	0	.455	257	218

NORTH

	W	L	T	Pct	PF	PA
Baltimore	8	3	0	.727	250	188
Pittsburgh	8	3	0	.727	254	181
Cleveland	4	7	0	.364	216	229
Cincinnati	2	9	0	.182	225	288

WEST

	W	L	T	Pct	PF	PA
Kansas City	7	4	0	.636	285	231
San Diego	6	5	0	.545	310	225
Oakland	5	6	0	.455	255	256
Denver	3	8	0	.273	250	323

NATIONAL CONFERENCE

EAST

	W	L	T	Pct	PF	PA
N.Y. Giants	7	4	0	.636	277	240
Philadelphia	7	4	0	.636	310	257
Washington	5	6	0	.455	215	262
Dallas	3	8	0	.273	256	301

SOUTH

	W	L	T	Pct	PF	PA
Atlanta	9	2	0	.818	276	209
New Orleans	8	3	0	.727	265	197
Tampa Bay	7	4	0	.636	219	223
Carolina	1	10	0	.091	140	276

NORTH

	W	L	T	Pct	PF	PA
Chicago	8	3	0	.727	222	172
Green Bay	7	4	0	.636	269	166
Minnesota	4	7	0	.364	189	239
Detroit	2	9	0	.182	258	282

WEST

	W	L	T	Pct	PF	PA
Seattle	5	6	0	.455	209	275
St. Louis	5	6	0	.455	213	231
Arizona	3	7	0	.300	188	292
San Francisco	3	7	0	.300	160	219

WEEK 12

Last night's result
San Francisco at Arizona
Sunday's results
Atlanta 20 Green Bay 17
Baltimore 17 Tampa Bay 10
Chicago 31 Philadelphia 26
Cleveland 24 Carolina 23
Houston 20 Tennessee 0
Kansas City 42 Seattle 24
Miami 33 Oakland 17
Minnesota 17 Washington 13
N.Y. Giants 24 Jacksonville 20
Pittsburgh 19 Buffalo 16 (OT)
St. Louis 36 Denver 33
San Diego 36 Indianapolis 14
Thursday's results
New England 45 Detroit 24
New Orleans 30 Dallas 27
N.Y. Jets 26 Cincinnati 10

WEEK 13

Thursday's game
(All times Eastern)
Houston at Philadelphia, 8:20 p.m.
Sunday, Dec. 5
San Francisco at Green Bay, 1 p.m.
Denver at Kansas City, 1 p.m.
Buffalo at Minnesota, 1 p.m.
Jacksonville at Tennessee, 1 p.m.
Cleveland at Miami, 1 p.m.
Chicago at Detroit, 1 p.m.
Washington at N.Y. Giants, 1 p.m.
New Orleans at Cincinnati, 1 p.m.
Oakland at San Diego, 4:05 p.m.
Carolina at Seattle, 4:15 p.m.
St. Louis at Arizona, 4:15 p.m.
Atlanta at Tampa Bay, 4:15 p.m.
Dallas at Indianapolis, 4:15 p.m.
Pittsburgh at Baltimore, 8:20 p.m.
Monday, Dec. 6
N.Y. Jets at New England, 8:30 p.m.

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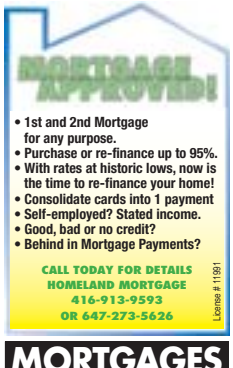

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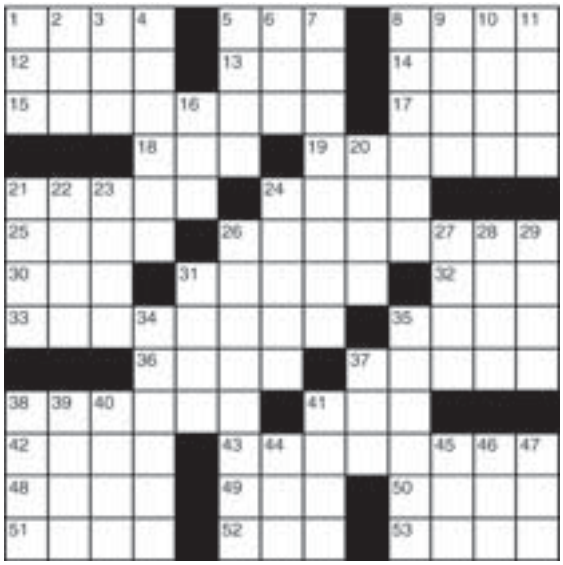
Crossword



Across

1 Small plateau
5 Banned pesticide
8 Division word
12 Andy's pal
13 "— -la-la!"
14 — -do-well
15 Sucker
17 Hardly colorful
18 Single
19 Figures of speech
21 Speak (out) impulsively
24 Advertise
25 Old Italian money
26 Rein-vested money
30 "I — Camera"
31 One of Donald Duck's nephews
32 "— got it!"
33 Something retained from before
35 On the briny
36 Smell
37 Angry dog's sound
38 Group of fish
41 Summer mo.
42 Tackled weeds
43 Triangular pastry
48 Soprano's solo
49 Salamander
50 Easter flower
51 Hospital section
52 Two, in Tijuana
53 Staffer

Down

1 Chart
2 Ostrich's cousin
3 "Help!"
4 Off the boat
5 Peace symbol
6 Female deer
7 Michael Jackson classic
8 Deep reddish blue
9 Infamous lyre player
10 Squad
11 Spheres
16 Can. prov.
20 As required
21 Mediocre
22 Long car, for short
23 Caspian Sea feeder
24 Strength
26 Staged a mutiny
27 Passport endorsement
28 Always
29 Authentic
31 Extinct bird
34 Thingamajig
35 Luanda's land
37 Pistol
38 "Pygmalion" writer
39 Cat of "Iron Chef"
40 Estate recipient
41 — and crafts
44 Venusian vessel?
45 Half of XIV
46 Bygone days, in bygone days
47 "Catcher in the —"

▶ Yesterday's answer

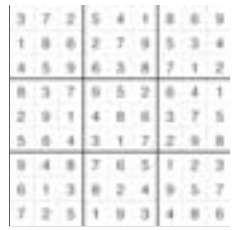
Sudoku

	8		5		1		4	
7	1	3				2	9	5
		2	3	4	5	8		
		1	8	7	9	5		
6	9	5				1	2	4
	3		2		4		6	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶



Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

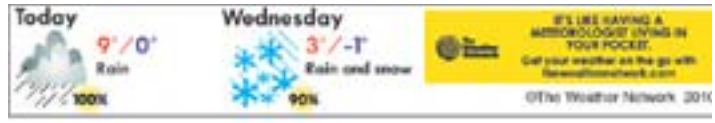
Miguel, you're an incredible boyfriend and your support these past three and a half years has been VERY appreciated. Thank you and I love you babe. **BABYGIRL XO**

Flav, we've been through so much, but I know we'll make it. My love, my life, my strength, we just fit. Kisses on your side face! **VAL**

Miranda I am so happy you are next to me, you make my day!! thank you for all your help. I love you **"THE LITTLE CHIQUIE"**

Hey Poopie! I'm sending you this kiss today to brighten your day like you brighten mine. I love you with every breath in my body. Keep breathing. **LOVE: YOUR POOBEAR**

Grasshopper, I can't belive we've been together for over two blissful years. Who would have thunk. It's like a dream. **XOXO, M**



Today's horoscope

For today's crossword answers and for expanded horoscopes, go to play@metronews.ca

♈ Aries March 21-April 20 Everyone needs to have a dream. Don't let those who lack your imagination talk you out of trying to make your vision of a better life come true. You can, and you will, make it happen.

♉ Taurus April 21-May Venus, planet of harmony, moves into your opposite sign today, making it easier for you to get through to loved ones on an emotional level. They're waiting for you to reach out.

♊ Gemini May 22-June 21 The more of an effort you make to get along with colleagues, the more of an effort they will make to help you out with something that is too much for you to cope with on your own.

♋ Cancer June 22-July 22 You will find that the right opportunity comes at just the right time and in just the right way. After that, it's up to you. Seize the day and make it your own.

♌ Leo July 23-Aug.23 Your home life may have been a bit chaotic lately, but from today it will start to settle down again. Domestic bliss is a necessary precondition to making the most of your creative talents. Soon, you'll be flying again.

♍ Virgo Aug. 24- Sept. 22 Ignore what others say cannot be done and do it anyway. For them, it may be difficult, even impossible. But for you, it will be child's play — simply because you refuse to take it too seriously.

♎ Libra Sept. 23-Oct. 23 Positive news regarding your cash flow is due any day. Stop worrying about where your next dollar is coming from because negative thinking only pushes good things away. Think rich and you'll be rich. It's that simple.

♏ Scorpio Oct. 24-Nov. 22 You may be intense by nature but you will relax considerably now that Venus is moving into your birth sign. Life is good and you can sense that it is about to get even better.

♐ Sagittarius Nov. 23-Dec. 21 Others can lower their standards and settle for second best if they like, but you're not about to follow their example. You're No. 1 or you're nothing.

♑ Capricorn Dec. 22-Jan. 20 What can you do to help friends through a rough patch? Tell them jokes. Make them smile. Laughter is always the best medicine.

♒ Aquarius Jan. 21-Feb. 18 Venus crosses the career angle of your chart today, smoothing your path to success by making it easy to get along with employers. They want to see you succeed. How much do you want it?

♓ Pisces Feb. 19-March 20 Stop worrying about the things you can't change and start enjoying the good things in life. You may think life has been hard of late but compared to most people, you've had it easy. **SALLY BROMPTON**

Caption contest

BRAINERD DISPATH, KELLY HUMPHREY/ AP

WIN!

You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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Puerto Plata

Bahia Principe San Juan • 3 1/2 ★
All-Inclusive • Standard rm.
Jan. 7 - 28 • 1 wk.

PRIVILEGES

1st passenger	2nd passenger
$779	$389
+Taxes & other fees: $157	+Taxes & other fees: $157

La Romana

Gran Bahia Principe La Romana • 4 1/2 ★
All-Inclusive • Junior suite
Jan. 1 - 22 • 1 wk.

PRIVILEGES

1st passenger	2nd passenger
$1049	$529
+Taxes & other fees: $157	+Taxes & other fees: $157

Samana

Gran Bahia Principe El Portillo • 4 1/2 ★
All-Inclusive • Standard rm.
Jan. 1 - 30 • 1 wk.

PRIVILEGES

1st passenger	2nd passenger
$1049	$529
+Taxes & other fees: $157	+Taxes & other fees: $157

Punta Cana

Occidental Grand Punta Cana • 4 ★
All-Inclusive • Junior suite
Jan. 6, 10, 14, 18 & 19 • 1 wk.

1st passenger	2nd passenger
$1199	$599
+Taxes & other fees: $157	+Taxes & other fees: $157

CUBA
Varadero

Sirenis La Salina Varadero Beach Resort • 4 ★
All-Inclusive • Standard rm. • Jan. 3 - 24 • 1 wk.

1st passenger	2nd passenger
$979	$489
+Taxes & other fees: $160 Please add $50 for Mon. & Fri. departures Please add $100 for Sat. & Sun. departures Departure tax: 25 CUC cash, paid locally	+Taxes & other fees: $160 Please add $25 for Mon. & Fri. departures Please add $50 for Sat. & Sun. departures Departure tax: 25 CUC cash, paid locally

Holguin

Playa Pesquero • 4 1/2 ★
All-Inclusive • Standard rm. • Jan. 6 - 27 • 1 wk.

1st passenger	2nd passenger
$999	$499
+Taxes & other fees: $160 Please add $100 for Sat. departures Departure tax: 25 CUC cash, paid locally	+Taxes & other fees: $160 Please add $50 for Sat. departures Departure tax: 25 CUC cash, paid locally

JAMAICA

Sunset Jamaica Grande Resort & Spa • 4 ★
All-Inclusive • Traditional standard rm.
Jan. 6 - 12 • 1 wk.

PRIVILEGES

1st passenger	2nd passenger
$1199	$600
+Taxes & other fees: $104 Please add $50 for Sat. & Sun. departures	+Taxes & other fees: $104 Please add $25 for Sat. & Sun. departures

Gran Bahia Principe Jamaica • 4 1/2 ★
All-Inclusive • Junior suite
Jan. 6 - 12 • 1 wk.

PRIVILEGES

1st passenger	2nd passenger
$1479	$740
+Taxes & other fees: $104 Please add $50 for Sat. & Sun. departures	+Taxes & other fees: $104 Please add $25 for Sat. & Sun. departures

ST. MARTIN/ST. MAARTEN

Hotel Beach Plaza • 3 1/2 ★
Breakfast • Luxe island view rm.
Jan. 8, 15 & 22 • 1 wk.

1st passenger	2nd passenger
$1099	$550
+Taxes & other fees: $189	+Taxes & other fees: $189

MEXICO
Ixtapa/Zihuatanejo

Barceló Ixtapa Beach • 4 ★
All-Inclusive • Superior rm.
Jan. 8 - 29 • 1 wk.

PRIVILEGES

1st passenger	2nd passenger
$1199	$599
+Taxes & other fees: $260	+Taxes & other fees: $260

Puerto Vallarta/Riviera Nayarit

Canto del Sol Plaza Vallarta • 3 1/2 ★
All-Inclusive • Standard rm.
Jan. 7 - 26 • 1 wk.

1st passenger	2nd passenger
$1259	$630
+Taxes & other fees: $110 Please add $85 for Sat. & Sun. departures	+Taxes & other fees: $110 Please add $85 for Sat. & Sun. departures

COSTA RICA
Liberia

Allegro Papagayo • 3 1/2 ★
All-Inclusive • Superior oceanview rm.
Jan. 6, 13 & 20 • 1 wk.

1st passenger	2nd passenger
$1399	$700
+Taxes & other fees: $85 Departure tax: 26 USD cash, paid locally	+Taxes & other fees: $85 Departure tax: 26 USD cash, paid locally

SOL MELIÁ CUBA HOTELS & RESORTS

CUBA
Varadero

Meliá Varadero • 4 ★
All-Inclusive • Standard rm.
Jan. 3 - 16 • 1 wk.

PRIVILEGES

1st passenger	2nd passenger
$999	$499
+Taxes & other fees: $160 Please add $100 for Sat. & Sun. departures Please add $50 for Mon. & Fri. departures Departure tax: 25 CUC cash, paid locally	+Taxes & other fees: $160 Please add $50 for Sat. & Sun. departures Please add $25 for Mon. & Fri. departures Departure tax: 25 CUC cash, paid locally

Santa Clara

Meliá Las Dunas • 4 1/2 ★
All-Inclusive • Standard rm.
Jan. 6 - 20 • 1 wk.

PRIVILEGES

1st passenger	2nd passenger
$999	$499
+Taxes & other fees: $160 Please add $100 for Sat. departures Departure tax: 25 CUC cash, paid locally	+Taxes & other fees: $160 Please add $50 for Sat. departures Departure tax: 25 CUC cash, paid locally

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Square One
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Erin Mills Town Centre
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6325 Dixie Rd., Unit 1
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PICKERING
Pickering Town Centre
Smartcentres Pickering
Steeple Hill Shopping Centre
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10 West Pearce St., Bldg. B
Hillcrest Mall
Yonge Elgin Centre
SCARBOROUGH
5095 Sheppard Ave. E
2650 Lawrence Ave. E, Unit 2B
1900 Eglinton Ave. E, Unit E5A
3300 McNicoll Ave.
1291 Kennedy Rd.
2555 Victoria Park Ave.
The Oriental Centre
THORNHILL
31 Disera Dr., Unit 140
Promenade Mall
Shops on Steeles
TORONTO
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Woodside Square
Dragon City Mall
421 Dundas St. W, Unit G8
Dufferin Mall
Gerrard Square
228 Queen's Quay W
1015 Lakeshore Blvd. E
1821 Queen St. E
275 College St.
604 Bloor St. W
1348 St. Clair Ave. W
1461 Dundas St. W
2 St. Clair Ave. E
272 Danforth Ave.
471 Eglinton Ave. W
662 King St. W, Unit 2
939 Eglinton Ave. E, Unit 106
154 University Ave., Unit 101
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2397 Yonge St.
9A Yorkville Ave.
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2400 Bloor St. W
Milliken Square
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919 Bay St.
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11 Brock St. W
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1241 Barton St. E, Bldg. Q
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MILTON
459 Main St. E
MISSISSAUGA
2116 Burnhamthorpe Rd. W
60 Bristol Rd. E
4141 Dixie Rd.
6085 Creditview Rd.
1250 Eglinton Ave. W, Unit A16
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18075 Yonge St.
Upper Canada Mall
OAKVILLE
1011 Upper Middle Rd., Unit C17
1500 Upper Middle Rd., Unit 2
1461 Rebecca St.
511 Maple Grove Dr.
240 Leighland Ave.
OSHAWA
285 Taunton Rd.
Oshawa Centre
RICHMOND HILL
1070 Major Mackenzie Rd. E
THORNHILL
9200 Bathurst St., Unit 26
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618 Sheppard Ave. W
730 Danforth Ave.
333 Bloor St. E
1084 Yonge St.
2120 Queen St. E
8 Wellesley St. E
1965-1971 Yonge St., Unit A
120 Front St. E
660 Eglinton Ave. E, Unit 104
1530 Albion Rd.
3151 Yonge St.
808 York Mills Rd., Unit 15-17
2400 Eglinton Ave. W
Bayview Village
329 Parliament St.
Exchange Tower
Yorkdale Shopping Centre
Toronto Eaton Centre
2248 Bloor St. W
10 Dundas St.
200 Bay St.
Rogers Centre
330 Bay St.
SCARBOROUGH
2490 Gerrard St. E
38 Ellesmere Rd.
2900 Warden Ave.
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